

2025 Spring Trails Challenge



Join the Annual Spring Trails Challenge – Explore, Enjoy, & Support the Parks you Love!

The Spring Trails Challenge is an annual event designed to inspire exploration and appreciation of our incredible parks and trails. With wildflowers in bloom, rolling green hills, and breathtaking views, spring is the perfect time to Go Outside and Play! Our Trails Challenge Guide features a variety of trails, offering something for everyone—from leisurely walks to more adventurous hikes.



Best of all, participation is free. It's all about having fun, embracing the outdoors, and connecting with the incredible parks and trails that make Napa County special.



HOW IT WORKS

Register for the Challenge

Select 5 Trails From the Guide

Explore the Trails & Take Photos

Fundraise to Support the Parks
(Optional)

Let Us Know You Completed
the Challenge to Win Prizes



**NAPA COUNTY REGIONAL PARK &
OPEN SPACE DISTRICT**



Step 1

Register for the Spring Trails Challenge

Visit the Spring Trails Challenge event page and click the orange “Start Fundraising” button to complete a quick registration.

While fundraising is optional, we suggest that all participants register to help us keep you informed and engaged throughout the challenge.



Step 2

Choose your Trails

After registering, check out the Spring Trails Challenge Guide and pick any 5 trails to explore during the event.

We'll send trail suggestions and updates along the way to keep you inspired!



Step 3

Share your Adventures!

Capture the excitement! Take photos of yourself hiking, biking, running, or horseback riding on your chosen trails. Share your experiences to encourage others to “Go Outside and Play” and showcase the stunning beauty of Napa County’s trails!

Post your photos on social media with the hashtags:
#NOSD #SpringTrailsChallenge2025

Be sure to tag us:

[@NapaOpenSpace](#) on Facebook

[@ncrposd](#) on Instagram





BONUS – Step 4

Raise Funds _____

GIVE BACK

You can help raise funds for the parks you love while you're enjoying the Spring Trails Challenge. This can be a fun way to help spread the word about your local parks and trails and get our community involved in supporting the Napa Open Space District's work. In addition to enjoying the trails, your participation directly contributes to the ongoing maintenance, improvement, and construction of our parks and trails. We rely on the support of donors and grants for funding to keep parks accessible to everyone, maintain trails, teach environmental educational programs, lead community hikes, and provide activities (like the trails challenge!)

You don't have to fundraise to participate in the Spring Trails Challenge – but your donations maintain and improve trails and we'd love your help! All funds raised through the Spring Trails Challenge feed into our [ReLeaf Napa Fund](#) to help the District continue to manage and expand our regional parks and trails. All participants in the challenge that raise \$100 or more will receive an official 2024 Spring Trails Challenge T-Shirt!

BONUS – Step 5

Join Us for a Program or Event _____

- 2nd Saturday – Volunteer Trail Work Days
- 2nd Saturday Eco-Fitness Hikes at Bothe-NVSP
- 3rd Saturday Hikes
- Earth Day Napa Event, April 12th
- NOSD Annual Party, May 1st
- Bale Mill Pancake Breakfast, May 3rd
- Art in the Park – Bothe NVSP, June 14th

See More Programs & Activities at napaoutdoors.org





Select 5 Trails to Complete the Challenge

Trail Options

<input type="checkbox"/> Landfill Loop	Wetlands Edge Park	American Canyon
<input type="checkbox"/> Chance the Cowboy	Suscol Headwaters Park	Napa
<input type="checkbox"/> Bay Leaf Trail	Skyline Wilderness Park	Napa
<input type="checkbox"/> Washing Machine Trail	Moore Creek Park	Saint Helena
<input type="checkbox"/> Shoreline Trail	Moore Creek Park	Saint Helena
<input type="checkbox"/> Redwood Flats	PUC Forest	Angwin
<input type="checkbox"/> Mill Pod Loop	Bale Grist Mill SHP	Saint Helena
<input type="checkbox"/> Vine Trail	Bothe-Napa Valley SP	Calistoga
<input type="checkbox"/> Oat Hill Mine Trail	Oat Hill Mine Trail	Calistoga
<input type="checkbox"/> Table Rock Trail	Robert Louis Stevenson SP	Calistoga



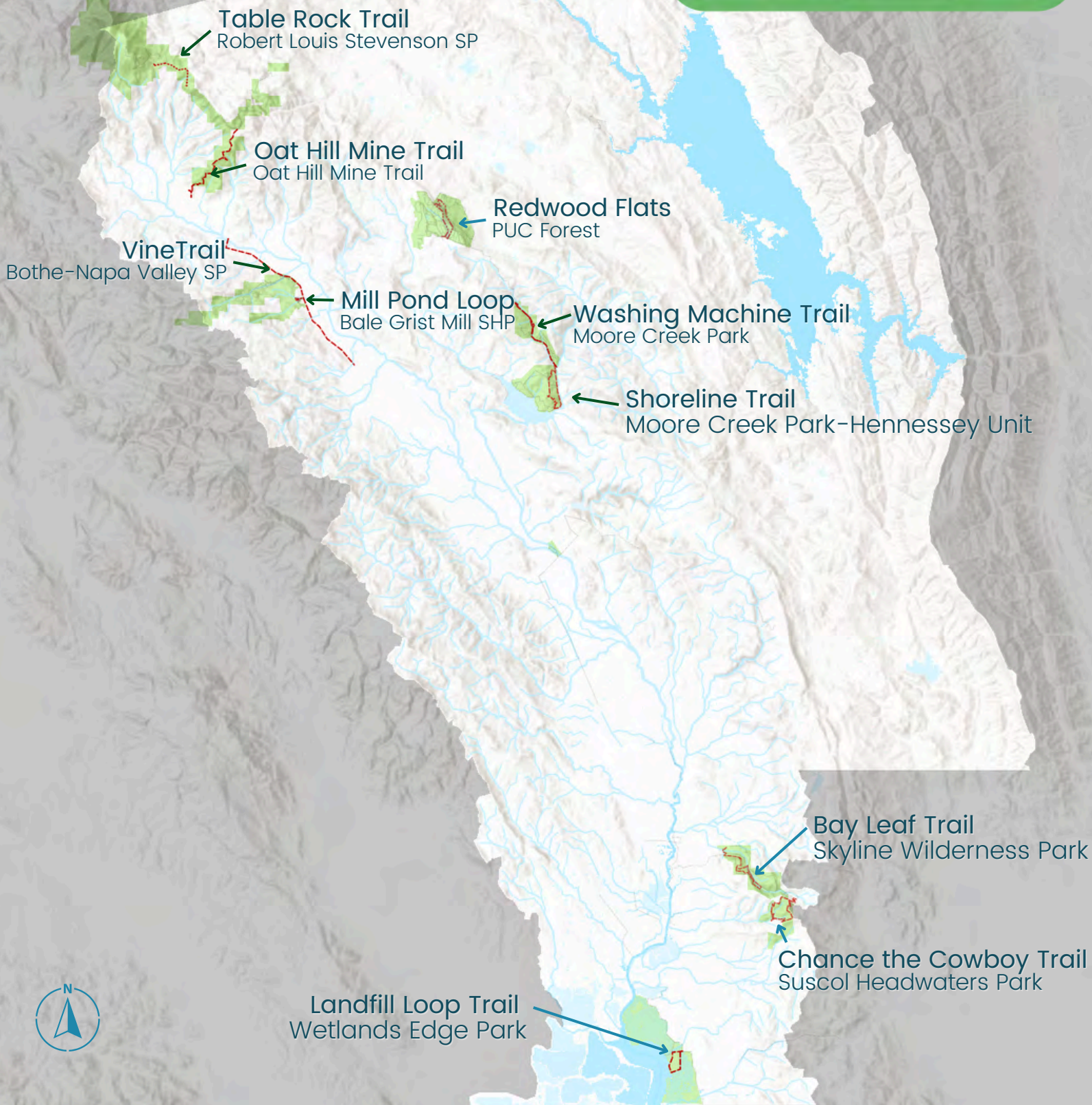
Customizing the Challenge

Explore Trails That fit your Needs and Interests

The trails challenge encourages you to explore new parks and trails, but our list of trails in the guide may not fit the needs of everyone. Napa County offers trails for various mobility levels and dog-friendly options. We are happy to help you create a trails list that meets your specific accessibility needs.

To receive a personalized list of trails for the challenge, please email us at info@napaoutdoors.org.

MAP – TRAIL OPTIONS





TRAILS 101

Here are a few reminders before you start the challenge:

Bring plenty of water.

Most parks do not provide access to clean drinking water, so bring enough water for you and your dog.

Plan your outing.

Download or print maps ahead of time in case of no cell service. Get updates on the current trail status and park/trail closures at www.napaoutdoors.org.

Wear sturdy shoes and appropriate clothing.

Check weather forecasts and always pack layers.

Stay on trails.

Going off trails is not only damaging to the environment, but it can also expose you to risks such as poison oak and ticks.

Pack it in, pack it out!

Keep the trails clean by taking all trash out with you, including dog waste bags

Be aware of others using the trails.



And, As Always, Have Fun!



TRAIL GUIDE LEGEND



LOOKOUT



TRAILHEAD MAP



HIKING



MOUNTAIN BIKE



EQUINE



RESTROOMS



ACCESSIBLE



DOG FRIENDLY



PAY STATION



WATER AVAILABLE



ROCK LABYRINTH



PARKING



AVERAGE GRADE



ELEVATION GAIN



TRAIL MARKERS



LENGTH OF TRAIL
(Suggested Route)



LANDFILL LOOP

Wetlands Edge Park

Suggested Trail Route – Out & Back


WETLANDS EDGE TRAIL ➔ NAPA RIVER & SF BAY TRAIL ➔ **LANDFILL LOOP**



6° AVERAGE SLOPE

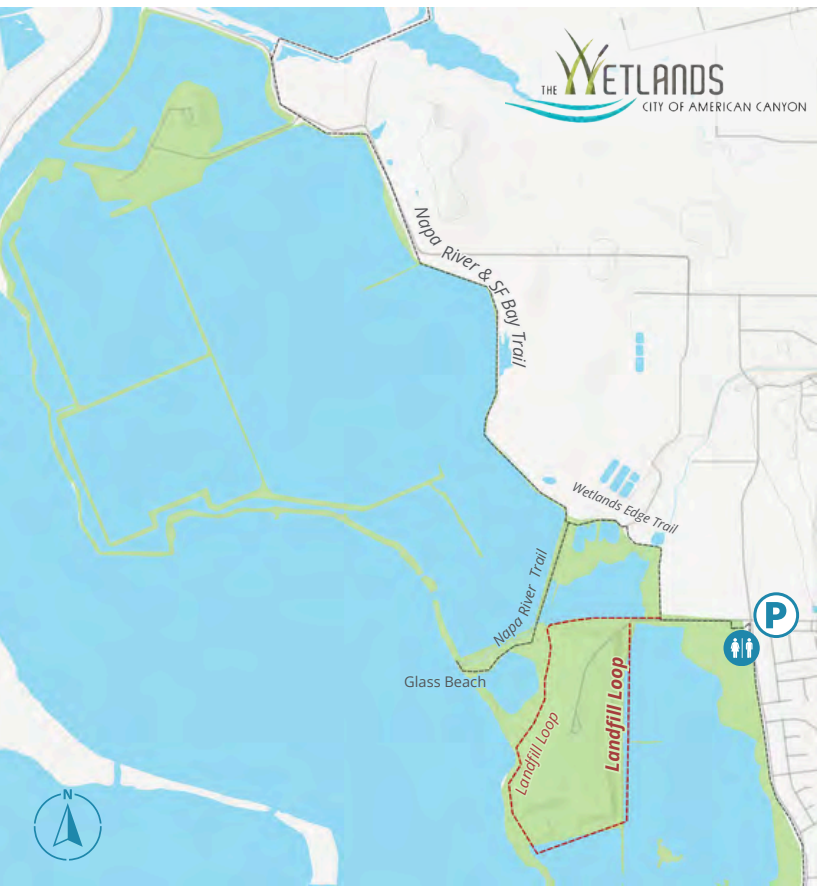


59 FOOT ELEVATION GAIN



6.25 MILES
(Suggested Route)

The wetlands edge park offers a beautiful view into the interconnected waters, American Canyon’s wetlands, and uplands of a watershed draining into San Francisco Bay. The Landfill Loop provide a easy route that takes you around the mound that was once a landfill, take a short detour out to glass beach to see the tumbled glass washed up on the shore



Pre-1850s, the bay had vast tidal marshes, but by the 1950s, 85% were filled or diked. A 300-acre landfill operated from 1942 to the 1990s, receiving trash from Napa and Solano counties. By the 1990s, 178 acres were restored to tidal action, and in 2006, low-lying floodplains were restored to baylands, now supporting diverse wildlife and providing habitat for many fish, waterfowl, shorebirds, and wildlife species and offering essential wetlands benefits that help to clarify water and reduce the impacts of flooding.

Extend the loop by taking the Wetlands Edge Trail first and connecting back to Landfill Loop, youll pass by dragonfly pond, offering glimpses of swans or Western pond turtles. As you continue top the Napa River trail, you'll pass the wastewater holding ponds, witnessing nature's role in recycling and restoring nutrient-rich water and then revealing panoramic 360-degree views of the wetlands and Napa River.



CHANCE THE COWBOY TR.

Suscol Headwaters Park



Trail Extension from Skyline Park - Loop

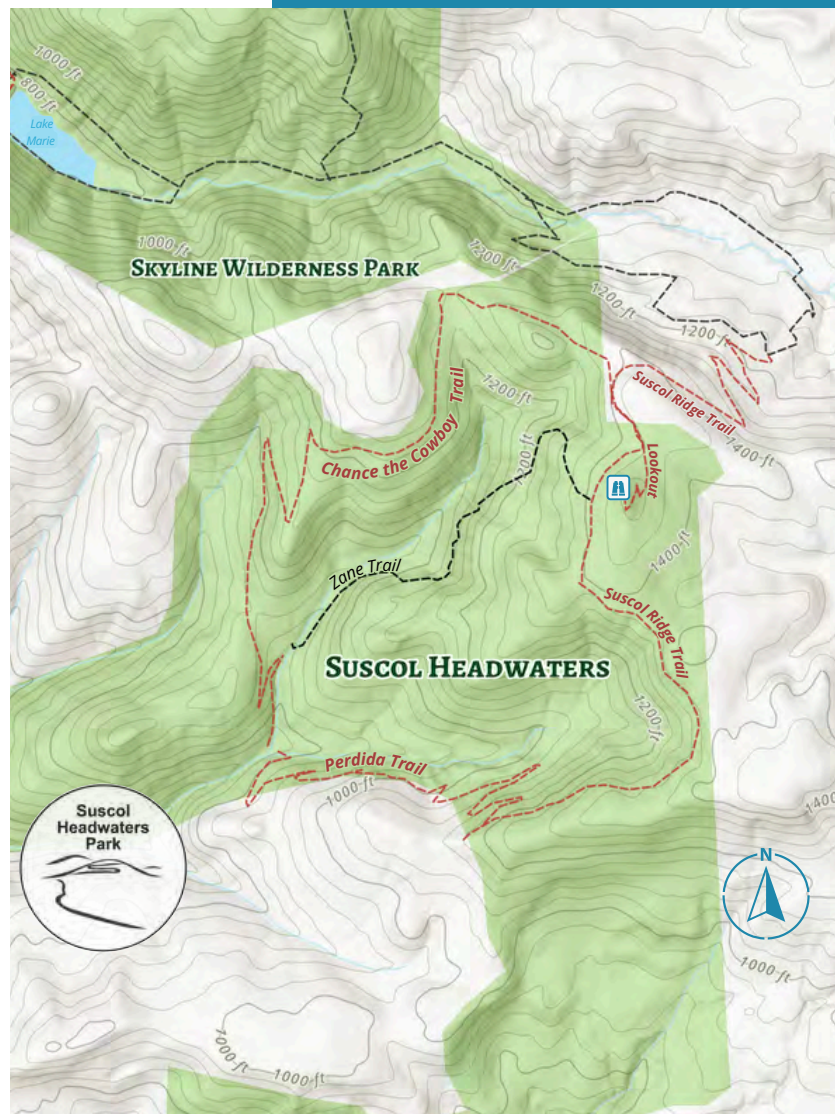
SUSCOL RIDGE TRAIL (SKYLINE TO SUSCOL) →
CHANCE THE COWBOY → PERDIDA TRAIL →
 SUSCOL RIDGE TRAIL (BACK TO SKYLINE)

Springtime and Suscol Headwaters were made for one another, and we have miles of fresh new trails for you to enjoy on your visit to this park. The point of access to Suscol Headwaters is through Skyline Park for now (southern parking lot and entrance will be coming soon), so this makes for a long day on foot – but you can double up and check two hikes off your list in one day!

We've laid out a route exploring the new trails and looping through the upper section of the park, but no visit to Suscol Headwaters is complete without a short trip up the spur to the peak. Take in views of every peak in the Bay Area, San Francisco, the San Pablo Bay, and even the Sierra Nevadas if the weather is clear enough.

This loop takes you down Chance the Cowboy Trail before dipping into a completely different landscape of shade and mixed bay and oak forest before climbing back up the opposite ridge along Perdida Trail. The total route here is approximately 5 miles in the park with some elevation loss and gain looping around the bowl.

-  12° AVERAGE SLOPE
-  556 FOOT ELEVATION GAIN
-  3.2 MILES (Extension Only)





BAY LEAF TRAIL

Skyline Wilderness Park

Suggested Trail Route

BUCKEYE TRAIL ➔ BAYLEAF TRAIL ➔ MARIE CREEK RD ➔ MARIE CREEK TRAIL ➔ BUCKEYE TRAIL

This year's route through Skyline Wilderness Park will get you a mixture of different views and scenery and let you get a taste of the variety of trail experiences at the park.

Once you enter the trails, head up Buckeye Trail to gain some elevation and some great views behind you overlooking Napa. You'll climb through the forest and Skyline's rocky terrain before descending Buckeye Trail and immediately enjoying the shade and riparian zone along the creek. Once you reach Lake Marie, you'll loop back along Skyline Trail to Buckeye again and come back down the hill.

Extend your hike from Skyline Park into Suscol Headwaters Park by continuing past Lake Marie to connect with Suscol Ridge Trail and complete another trail! Check the Chance the Cowboy Trail page for details.

There are entrance fees for Skyline Wilderness Park. Restrooms and water are available at the trailhead. Visit skylinepark.org for trail maps and additional park details.



17° AVERAGE SLOPE



758 FOOT ELEVATION GAIN



5.85 MILES (Suggested Route)



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SHORELINE TRAIL

Moore Creek Park - Hennessey Unit

Suggested Trail Route - Loop

CHILES CREEK TRAIL → WHISKEY RIDGE TRAIL → CONN PEAK TRAIL → **SHORELINE TRAIL** → CHILES CREEK TRAIL



18° AVERAGE SLOPE



542 FOOT ELEVATION GAIN



4.63 MILES (Suggested Route)



The Hennessey Unit of Moore Creek Park is a local gem, offering sweeping views over Lake Hennessey through the lichen-covered oaks over grassy hills.

The climb up Whiskey Ridge is well-graded with gentle switchbacks, making the elevation gain feel manageable as you ascend. Conn Peak provides the perfect mid-hike rest stop, where you can take in the stunning scenery before continuing your journey. The return route along Shoreline Trail is a relaxing way to wrap up your adventure, with mostly level terrain and peaceful lakeside views.

This park is popular with hikers, equestrians, and mountain bikers. It is also dog-friendly, offering something for everyone. Lake Hennessey, which borders the park, is a drinking water source for the City of Napa and a thriving habitat for birds and wildlife. While enjoying the trails, please keep dogs on a leash and avoid contact with the lake's water to help protect this vital resource.



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WASHING MACHINE

Moore Creek Park

Suggested Trail Route – Loop

MOORE CREEK FIRE ROAD → DRY FOOT TRAIL →
WASHING MACHINE TRAIL → MOORE CREEK TRAIL

We've got even more trails at Moore Creek Park (with even more to come soon), this time thanks to our friends at the Redwood Trails Alliance!

Washing Machine Trail is the newest addition to the Moore Creek trail network, providing a winding, forested route that serves as an alternative to the steep fire road after the creek crossings. This switchbacked trail enhances access and connectivity in the upper portion of the Moore Creek Unit, making it easier for visitors to explore the park's diverse landscapes.

From the parking lot, you'll walk along the Moore Creek Fire Road (you can also use the lower leg of Redux Trail to get off the road for a bit) until you reach the creek. Once across the creek, you'll see Trail on your right hand side. Follow the trail up and across the road to reach upper Washing Machine Trail.

This trail was made possible by Redwood Trail Alliance and generous local private donors. Dogs are not allowed on the Moore Creek Unit of the park



25° AVERAGE SLOPE



690 FOOT ELEVATION GAIN



4.17 MILES (Suggested Route)



NAPA COUNTY REGIONAL PARK &
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REDWOOD FLATS TRAIL

Pacific Union College Forest

Suggested Route - Loop

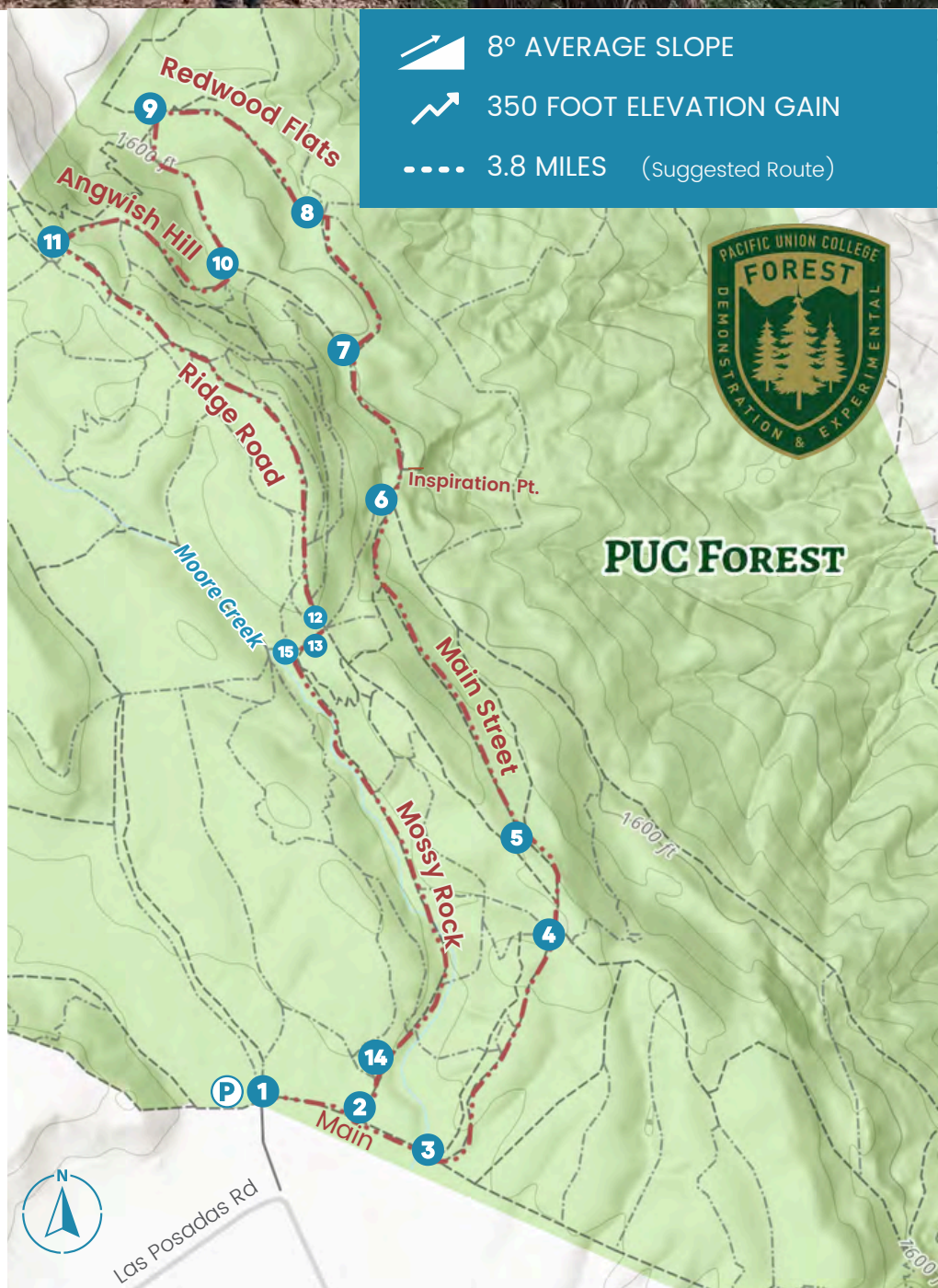
MAIN STREET TRAIL → REDWOOD FLATS
→ ANGWISH HILL → RIDGE ROAD
→ MOSSY ROCK → MAIN

1-2-3-4-5-6-7-8-9-10-11-12-13-15-14-2-1

The Pacific Union College Forest in Angwin is a protected natural area with a network of multi-use, dog-friendly trails open to the public.

Starting on Main Street Trail, pass through shaded trails and stop at Inspiration Point to take in the views over Pope Valley before descending into Redwood Flats. From there, Angwish Hill climbs up toward Ridge Trail, which follows part of the Bay Area Ridge Trail. The route finishes at Mossy Rock, a tranquil spot with moss-covered rocks along the headwaters of Moore Creek.

There are no facilities or water at the trailhead. Before heading out, we recommend checking the PUC Forest webpage for parking and trail information and downloading a trail map.





MILL POND LOOP

Bale Grist Mill SHP

Suggested Route - Loop

HISTORY TRAIL → MILL POND

Take a short walk through history on the Mill Pond Loop, a small scenic trail at the beginning of the History Trail at Bale Grist Mill Historic State Park. This gentle loop offers a glimpse into the park's rich past, winding through shaded woodlands and past the historic mill pond before returning to the trailhead.

For those looking to extend their hike, the History Trail continues for 2.4 miles round-trip, connecting the mill to Bothe-Napa Valley State Park. Along the way, hikers will pass Mill Creek, the Pioneer Cemetery, and the White Church, Napa Valley's first church. The trail is moderate, mostly easygoing with a few slightly more challenging sections.

The Bale Grist Mill is open on weekends with live milling demonstrations and tours from 10 AM-4 PM. Start from the Bale Grist Mill to take the short hike along the mill pond loop or take the longer journey from Bothe-Napa Valley State Park any day of the week.



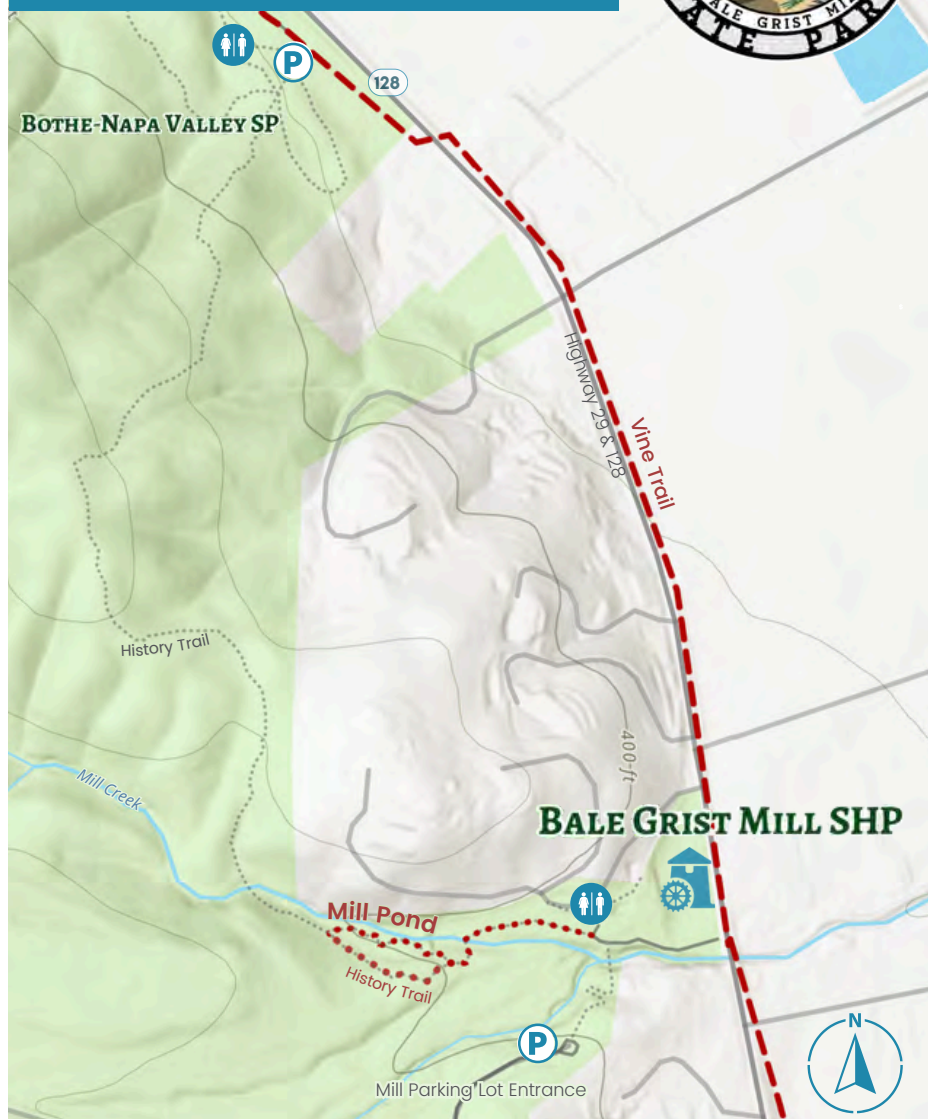
10° AVERAGE SLOPE



497 FOOT ELEVATION GAIN



2.40 MILES (Round Trip)



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OAT HILL MINE TRAIL

Oat Hill Mine

Single Trail - Out & Back

The Oat Hill Mine Trail follows the historic stagecoach road built in 1873 as a route between Calistoga and Pope Valley.

This out-and-back trail is an uphill climb that traverses up the volcanic bedrock and provides views of the valley floor that become more expansive the higher you climb up the hill. This trail is uphill all the way, but you'll be treated to a neverending change of view at almost every turn and mile marker. Not to be missed in springtime, this trail has an abundance of wildflowers on display.

The trailhead is along the outskirts of the town of Calistoga along Highway 29 and parking is located in the dirt lot in the southwest corner of the intersection of Silverado Trail and the Highway. Street parking is available once the small lot fills up.



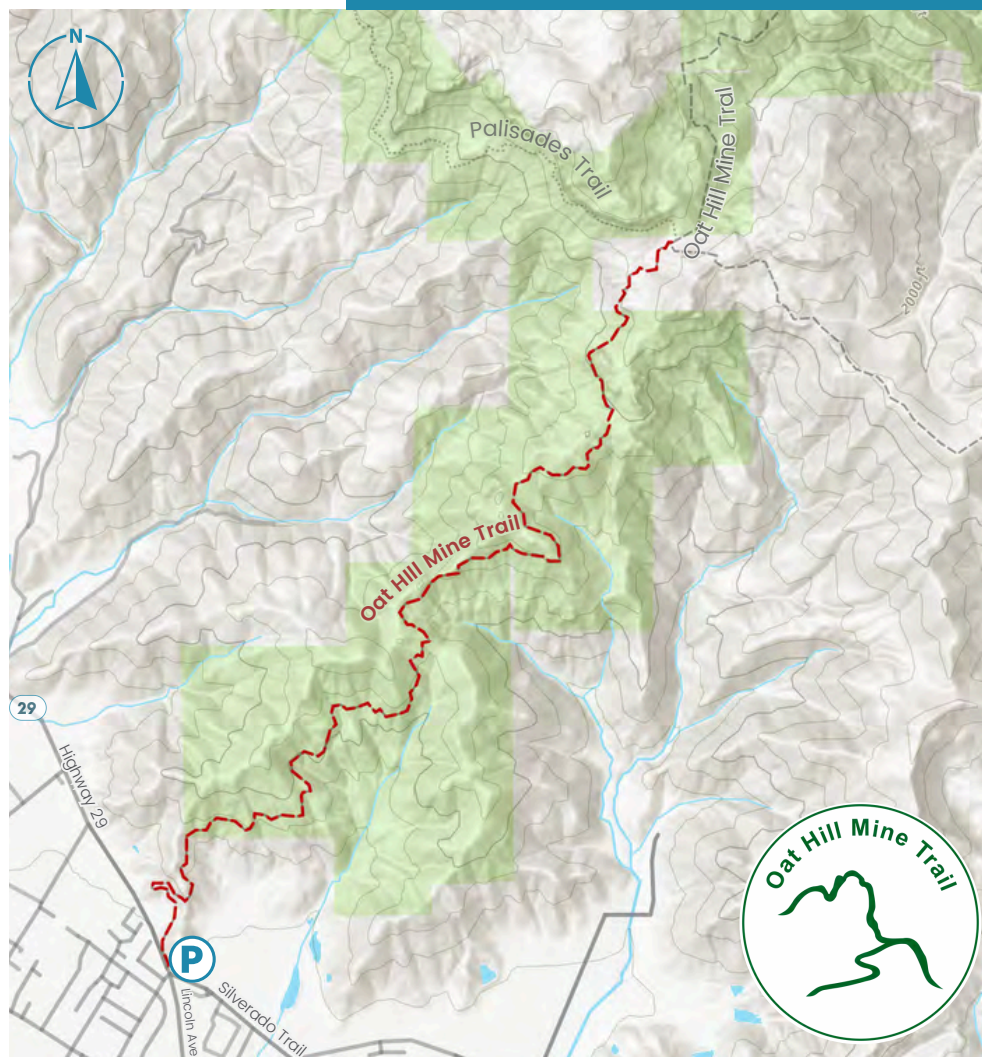
25° AVERAGE SLOPE



1903 FOOT ELEVATION GAIN



8.52 MILES (Round Trip)



NAPA COUNTY REGIONAL PARK &
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TABLE ROCK TRAIL

Robert Louis Stevenson State Park

Single Trail - Out & Back



17° AVERAGE SLOPE

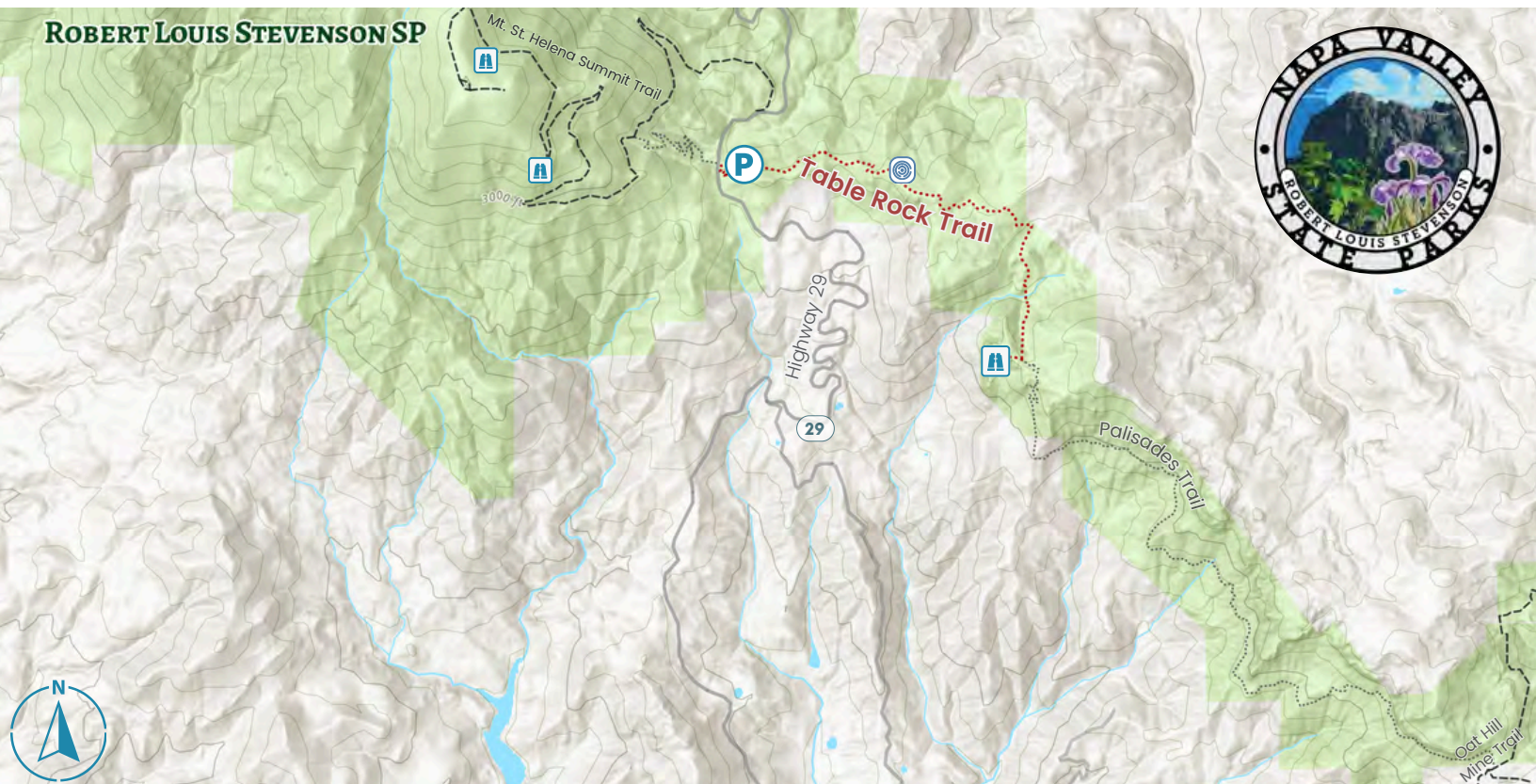


1,171 FOOT ELEVATION GAIN



2.3 MILES

The Table Rock Trail is a 2.3-mile hike starting from Robert Louis Stevenson State Park in California. It offers a panoramic view of Lake County at Bear Rock Overlook, a labyrinthine pattern made of small rocks, and a big volcanic rock called Table Rock at the end of the final ascent. The trail combines interesting trail engineering with constant spectacular views that include Mount Saint Helena, Snow Mountain, the Sierra Nevadas, the Napa Valley, and the wilderness of badlands above Table Rock. A rock labyrinth, wildflowers, and a pygmy knobcone pine forest also enhance the experience along the route. If you want to continue your hike, you can join the Palisades Trail and the historic Oat Hill Mine Road west; however, it is a long way down to the Oat Hill Mine Trailhead and back up, so it is best to arrange a ride or shuttle if you choose to follow this extended route.



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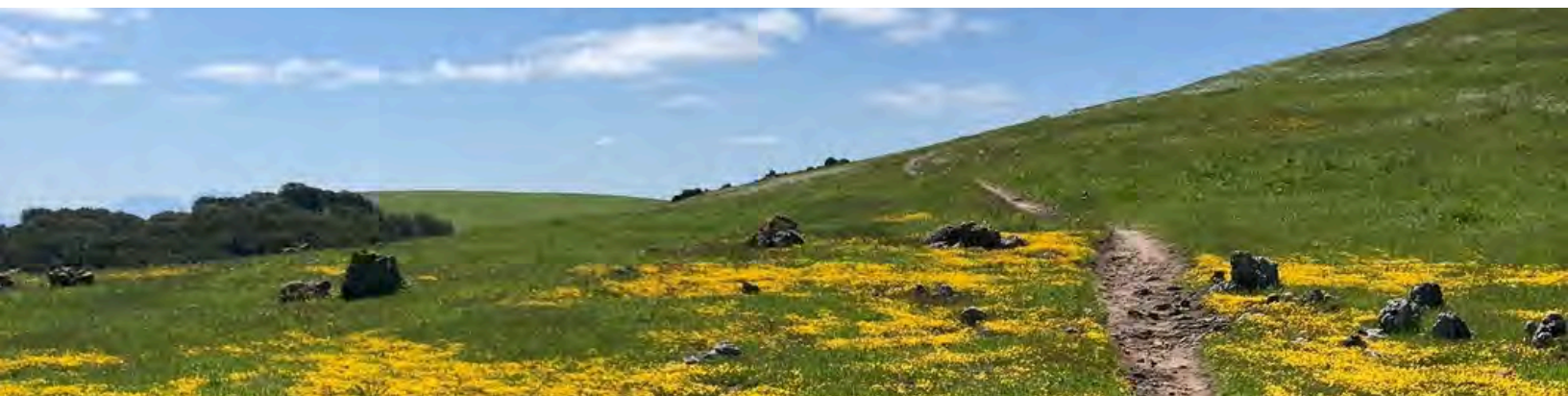


Thank you for participating in this year's Spring Trails Challenge! Don't forget to share photos with us and submit your completed challenge at napaoutdoors.org/2025stc to be eligible to win prizes.

A special thank you to those who fundraised throughout the challenge. The Napa Open Space District is dedicated to continuing our work to improve and expand outdoor recreation throughout Napa County. We know that there is tremendous support for our parks and trails, and a need for us all to steward our public lands and protect our legacy for future generations.



These parks belong to the community and with everyone's support we can all continue to enjoy the beautiful parks and trails. Learn more about ways you can support parks at napaoutdoors.org/releafnapa





ENJOY MORE FUN AT PARKS WITH THE NAPA OPEN SPACE DISTRICT!



NAPAOUTDOORS.ORG

Sign up for our Monthly Newsletter to learn about more activities and events to participate in, by emailing info@napaoutdoors.org or by visiting the Napa Open Space District Website (newsletter sign-up is on the website footer) or follow us on social media!

FOLLOW US!

