

Go Outside & Play!



MARCH 23 – MAY 19

Challenge yourself to visit five trails this spring while supporting the parks you love

About the Challenge

Join the annual Spring Trails Challenge and get outside to explore new parks and trails while supporting our work!

Every spring, we host the Spring Trails Challenge to help everyone *Go Outside and Play* and enjoy our parks. It's the perfect time of year for exploration here in Napa County with wildflower blooms, green hillsides, and clear days for outstanding views.

Our Spring Trails Challenge Guide has a selection of trails with options for every ability level and interest. There are no fees or mandatory fundraising to participate – join us for this fun annual event!

HOW IT WORKS

Register for the Challenge

Select 5 Trails From the Guide

Explore the Trails & Take Photos

Fundraise to Support the Parks
(Optional)

Let Us Know You Completed the
Challenge to Win Prizes



**NAPA COUNTY REGIONAL PARK &
OPEN SPACE DISTRICT**

EASY AS 1-2-3

How the Challenge Works

SIGN-UP

CHOOSE 5
TRAILS

SHARE YOUR PHOTOS



Step 1

Register for the Spring Trails Challenge

Click the orange "Start Fundraising" button at the top of the [STC event page](#) and complete the quick registration.

Fundraising is not mandatory to join the trails challenge, but all participants should register.

Step 2

Choose your Trails

Once you're registered, check out the the Spring Trails Challenge Guide and choose your trails.

Select any 5 trails listed in the Spring Trails Challenge Guide. We'll also send emails with trail suggestions as the challenge is happening.



Step 3

Share your Adventures!

Photograph yourself and your friends hiking, biking, running, or horseback riding on each trail that you've selected. By sharing your photos you can help motivate others to "go outside and play" and showcase the beautiful trails in Napa County!

Upload your photos to social media & use the hashtags:
#NOSD #SpringTrailsChallenge2024

Don't Forget to Tag Us!

[@NapaOpenSpace](#) on Facebook

[@ncrposd](#) on Instagram



GIVE BACK

Support the Parks & Trails You Love



BONUS - Step 4

Raise Funds

You can help raise funds for the parks you love while you're enjoying the Spring Trails Challenge. This can be a fun way to help spread the word about your local parks and trails and get our community involved in supporting the Napa Open Space District's work. In addition to enjoying the trails, your participation directly contributes to the ongoing maintenance, improvement, and construction of our parks and trails. We rely on the support of donors and grants for funding to keep parks accessible to everyone, maintain trails, teach environmental educational programs, lead community hikes, and provide activities (like the trails challenge!)

You don't have to fundraise to participate in the Spring Trails Challenge - but your donations maintain and improve trails and we'd love your help!

All funds raised through the Spring Trails Challenge feed into our ReLeaf Napa Fund to help the District continue to manage and expand our regional parks and trails. ***All participants in the challenge that raise \$100 or more will receive an official 2024 Spring Trails Challenge T-Shirt!***

BONUS - Step 5

Join Us for a Program or Event

- 2nd Saturday Trail Volunteer Project, April 13th
- Eco Fitness Hike at Bothe-NVSP, April 13th
- 3rd Saturday Hike, April 20th
- Earth Day Napa Event, April 20th
- Volunteer Open House, April 27th
- Bale Mill Pancake Breakfast, May 4th
- 2nd Saturday Trail Volunteer Project, May 11th
- Eco Fitness Hike at Bothe-NVSP, May 11th
- 3rd Saturday Hike, May 18th

See More Programs & Activities at napaoutdoors.org.





TRAIL OPTIONS

Select 5 Trails to Complete the Challenge

<input type="checkbox"/> Wetlands Edge Trail	Wetlands Edge Park	American Canyon
<input type="checkbox"/> Ridge Trail	Suscol Headwaters Park	Napa
<input type="checkbox"/> Buckeye Trail	Skyline Wilderness Park	Napa
<input type="checkbox"/> Dryfoot Trail	Moore Creek Park	Saint Helena
<input type="checkbox"/> Sam the Eagle Trail	Moore Creek Park	Saint Helena
<input type="checkbox"/> Mill Valley Trail	PUC Forest	Angwin
<input type="checkbox"/> History Trail	Bale Grist Mill SHP	Saint Helena
<input type="checkbox"/> Coyote Peak Trail	Bothe-Napa Valley SP	Calistoga
<input type="checkbox"/> Oat Hill Mine Trail	Oat Hill Mine Trail	Calistoga
<input type="checkbox"/> Mt. St. Helena Summit	Robert Louis Stevenson SP	Calistoga



Accessibility & Customizing the Challenge

Explore Trails That fit your Needs and Interests

The trails challenge encourages you to explore new parks and trails, but our list of trails in the guide may not fit the needs of everyone. Napa County offers trails for various mobility levels and dog-friendly options. We are happy to help you create a trails list that meets your specific accessibility needs.

To receive a personalized list of trails for the challenge, please email us at info@napaoutdoors.org.



Mt. St. Helena Summit Trail
Robert Louis Stevenson SP

Oat Hill Mine Trail
Oat Hill Mine Trail

Mill Valley Trail
PUC Forest

Coyote Peak Trail
Bothe-Napa Valley SP

History Trail
Bale Grist Mill SHP

Dryfoot Trail
Moore Creek Park

Sam the Eagle Trail
Moore Creek Park-Hennessey Unit

Buckeye Trail
Skyline Wilderness Park

Ridge Trail
Suscol Headwaters Park

Landfill Loop Trail
Wetlands Edge Park





TRAILS 101

Preparing for the Challenge

Here are a few reminders before you start the challenge:

Bring plenty of water.

Most parks do not provide access to clean drinking water, so bring enough water for you and your dog.



Plan your outing.

Download or print maps ahead of time in case of no cell service. Get updates on the current trail status and park/trail closures at www.napaoutdoors.org.



Wear sturdy shoes and appropriate clothing.

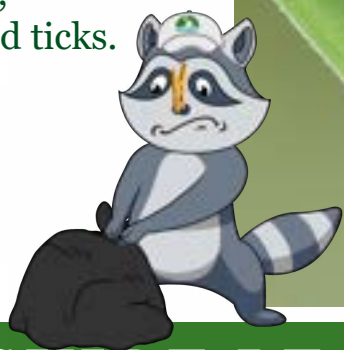
Check weather forecasts and always pack layers.

Stay on trails.

Going off trails is not only damaging to the environment, but it can also expose you to risks such as, poison oak and ticks.

Pack it in, pack it out!

Keep the trails clean by taking all trash out with you including dog waste bags



Be aware of others using the trails.



TRAIL GUIDE LEGEND

	LOOKOUT		ACCESSIBLE		PARKING
	TRAILHEAD MAP		DOG FRIENDLY		AVERAGE GRADE
	HIKING		PAY STATION		ELEVATION GAIN
	MOUNTAIN BIKE		WATER AVAILABLE		TRAIL MARKERS
	EQUINE		ROCK LABRYNTH		LENGTH OF TRAIL (Suggested Route)
	RESTROOMS				

And, As Always, Have Fun!



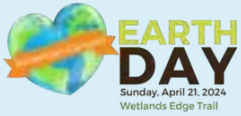
WETLANDS EDGE TRAIL

Wetlands Edge Park

Suggested Trail Route - Out & Back

WETLANDS EDGE TRAIL → NAPA RIVER & SF BAY TRAIL ⇌

The Wetlands Edge Trail and Landfill Loop provide an easy route that guides you alongside the dragonfly pond, offering glimpses of swans or Western pond turtles. As you progress, you'll pass the wastewater holding ponds, witnessing nature's role in recycling and restoring nutrient-rich water. The trail unfolds to reveal panoramic 360-degree views of the wetlands and Napa River. Further along, you'll reach the Landfill Loop Trail, where the closed landfill is now a gentle hill, surrounded by a recreational area that has transformed the surrounding roadways.



BONUS - Join the American Canyon Parks Foundations' Earth Day Celebration at the Wetlands on April 21st



4° AVERAGE SLOPE



33 FOOT ELEVATION GAIN



3.08 MILES (Suggested Route)



Wetlands Edge Park offers a beautiful view into the interconnected waters, wetlands, and uplands of a watershed draining into the San Francisco Bay. Pre-1850s, the bay had vast tidal marshes, but by the 1950s, 85% were filled or diked. A 300-acre landfill operated from 1942 to the 1990s, receiving trash from Napa and Solano counties.

By the 1990s, 178 acres were restored to tidal action, and in 2006, low-lying floodplains were restored to baylands, now supporting diverse wildlife and providing habitat for many fish, waterfowl, shorebirds, and wildlife species and offering essential wetlands benefits that help to clarify water and reduce the impacts of flooding.



NAPA COUNTY REGIONAL PARK & OPEN SPACE DISTRICT

RIDGE TRAIL

Suscol Headwaters Park

Trail Extension - Out & Back from Skyline Trail

RIDGE TRAIL ⇄

Suscol Headwaters Park is our latest public park, holding a special place in our hearts due to its breathtaking views from the summit. This 709-acre park is situated just south of Skyline Wilderness Park and is currently accessible solely via a gate at the peak of Skyline's trails. The trek to Suscol Headwaters is truly rewarding, offering panoramic vistas of the San Pablo Bay, San Francisco, all the Bay Area peaks, and on clear days, even the Sierra Nevadas. The open grassy hillsides here are illuminated with vibrant wildflowers in the spring, and the grasslands near the summit feature volcanic rock formations. Starting from the gate in Skyline Wilderness Park at the apex of the Napa Solano Ridge Trail loop, a brief stroll leads to the expansive beauty of Suscol Headwaters Park. Don't miss the views from the Prominence hilltop – then continue along the trail beside the summit for another half-mile to enjoy a southern viewshed before heading back towards skyline park.



BUCKEYE TRAIL

Skyline Wilderness Park

Photo: AllTrails

Suggested Trail Route - Loop

BUCKEYE TRAIL → LOWER MARIE CREEK TRAIL → MANZANITA TRAIL

Explore the scenic beauty of Skyline Park on a refreshing hike along Buckeye Trail and Manzanita Trail. Start at the park entrance, and enjoy a moderate climb with 400 ft. elevation gain to reach Lake Marie. Rest at the picnic tables by the lake before heading back via Lower Marie Creek Trail to Manzanita trail or head up Skyline trail towards Suscol Headwaters Park to mark off two trails in the challenge with the ridge trail extension! On your way back enjoy the peaceful surroundings of Lower Marie Creek as you follow the trail beside the stream, then loop back through chaparral-covered Manzanita Trail back to the parking lot.



-  17° AVERAGE SLOPE
-  1009 FOOT ELEVATION GAIN
-  5.59 MILES (Suggested Route)



BONUS - Join us for our 3rd Saturday Hike through Skyline Park and up to Suscol Headwaters on April 20th



SKYLINE WILDERNESS PARK



NAPA COUNTY REGIONAL PARK & OPEN SPACE DISTRICT

SAM THE EAGLE TRAIL

Moore Creek Park - Hennessey Unit

Suggested Trail Route - Loop

SHORELINE TRAIL → WHISKEY RIDGE TRAIL → ALTA HENNESSEY TRAIL → **SAM THE EAGLE TRAIL**
→ SHORELINE TRAIL



15° AVERAGE SLOPE



794 FOOT ELEVATION GAIN



6.56 MILES (Suggested Route)

The Hennessey Unit of Moore Creek Park is a local favorite. It offers up stunning views over Lake Hennessey and the abundant California oak grassland ecosystem.

There's some elevation gain on this route, but the trip up Whiskey Ridge is well-switchbacked and has a nice, gentle feel as you make your way up the ridge. You continue along the ridge with the Alta Hennessey trail, which has beautiful views of the lake, and then down Sam the Eagle Trail. The walk back along the Shoreline Trail is mostly level and a pleasant way to end the hike with lakeside views.

This park unit is thoroughly enjoyed by mountain bikers and is dog-friendly. Please keep dogs on leashes and do not let them come into contact with the water in Lake Hennessey.

The Hennessey Unit of Moore Creek Park borders Lake Hennessey, a source of drinking water for the City of Napa, a haven for many different species of birds and wildlife, and a favorite summertime place to enjoy the lake from a kayak or shore.



NAPA COUNTY REGIONAL PARK &
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DRYFOOT TRAIL

Moore Creek Park

Suggested Trail Route - Loop

MOORE CREEK FIRE ROAD → DRY FOOT TRAIL → MOORE CREEK TRAIL → MOORE CREEK FIRE ROAD



24° AVERAGE SLOPE



758 FOOT ELEVATION GAIN



5.68 MILES (Suggested Route)



To begin your adventure head north from the parking lot onto the Moore Creek Fire Road until you reach the junction with Valentine Vista. The trail continues along a gravel fire road for about a mile until you arrive at the "Ranch House." From there, follow the path upstream until you reach the Dryfoot Trail, which, as the name suggests, allows you to avoid some creek crossings and keep elevation along the level terrain with a slight incline and beautiful views. You'll encounter a creek crossing along the way, and can continue up the trail to make a loop with the trail passing by the canyon lookout and the secret swimming hole.

On your return journey, you can explore more of the park's trails via the Moore Creek Trail or take the Valentine Vista Trail eastward for a scenic loop back to the parking lot. During spring, Valentine Vista is renowned for its vibrant wildflowers, providing a colorful spectacle for visitors.



NAPA COUNTY REGIONAL PARK & OPEN SPACE DISTRICT

MILL VALLEY ROAD

Pacific Union College Demonstration & Experimental Forest

Suggested Route - Loop

MAIN ST TRAIL → REDWOOD FLAT TRAIL → ANGWISH HILL TRAIL → RIDGE TRAIL → **MILL VALLEY TRAIL**

The Pacific Union College Experimental and Demonstration Forest is a protected forest located in Angwin that offers public access to several dog-friendly and multi-use trails. Visitors can enjoy shaded trails, dense stands of trees, moss-covered rock gullies, open grassy meadows, and an incredible view over Pope Valley from Inspiration Point.

Along the Mill Valley Road is a beautiful meadow filled with wildflowers in the spring. There are no services or water at trailheads, so we recommend checking the PUC Forest webpage for parking and trail rules and downloading the trail map before going.



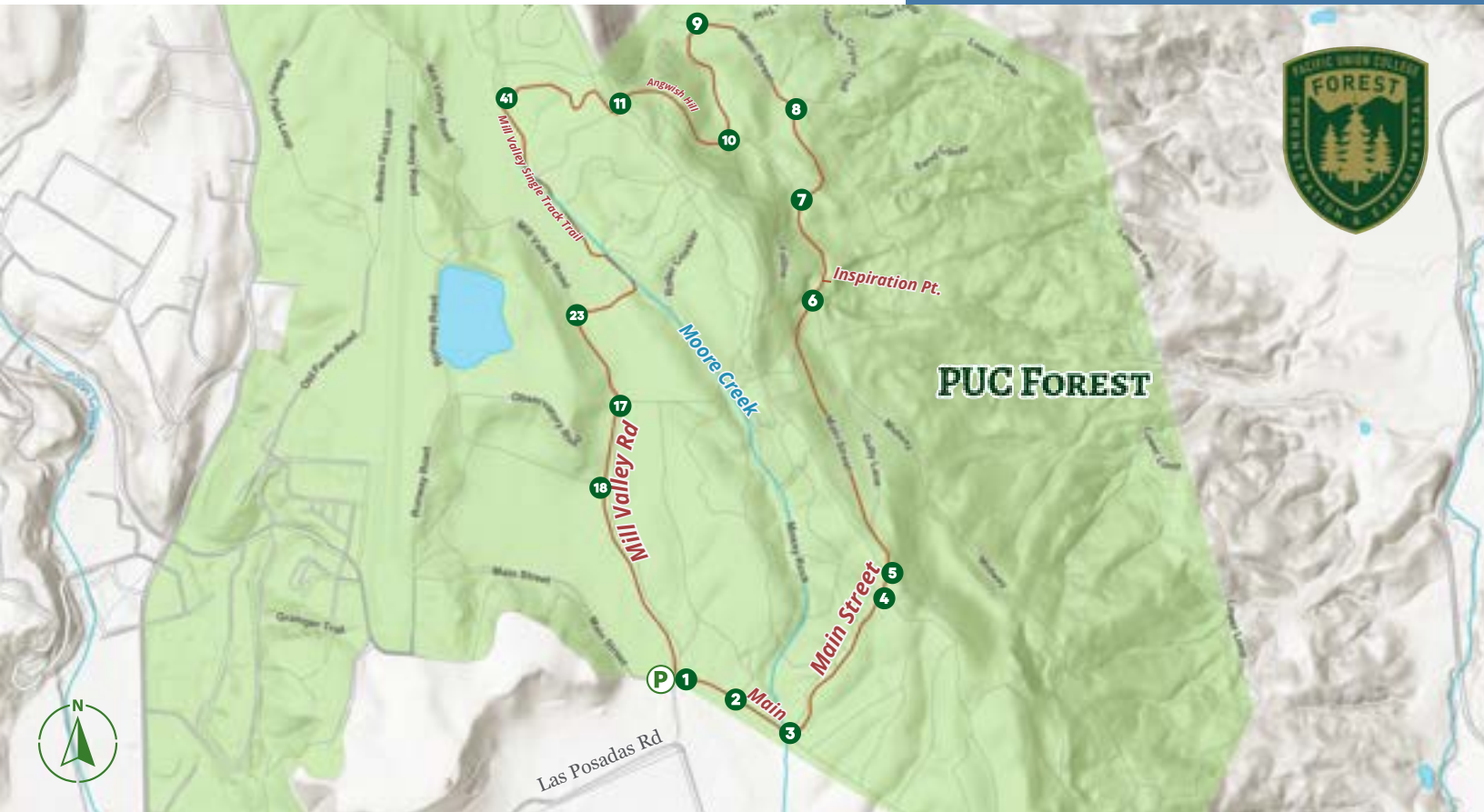
9° AVERAGE SLOPE



509 FOOT ELEVATION GAIN



3.8 MILES (Suggested Route)



NAPA COUNTY REGIONAL PARK &
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HISTORY TRAIL

Bale Grist Mill State Historic Park

Single Trail - Out & Back

HISTORY TRAIL ⇌

Take a walk through history on this connector trail between the Bale Grist Mill and Bothe-Napa Valley State Park.

Bale Grist Mill Historic State Park offers a peek into the pioneer era of California's history and is one of only a handful of mills of its kind still operational in the United States. Built-in 1846, the mill was a central part of life in rural Napa County in the late 1800s.

The History Trail is a 2.4-mile round-trip single-track trail that connects the Bale Mill to Bothe-Napa Valley State Park. Points of interest along the trail are the Pioneer Cemetery and White Church, the first church in Napa Valley, named for founding minister Asa White. The trail is moderate and mostly easygoing with a few slightly more challenging segments.

This is an easy/moderate hike and winds through forests and clearings along Mill Creek. Entrance to this trail can be from either the Bale Grist Mill or Bothe Napa Valley State Park parking lots.



10° AVERAGE SLOPE



497 FOOT ELEVATION GAIN



2.40 MILES (Round Trip)



BONUS - Join us for the Annual Pancake Breakfast at the Bale Grist Mill on May 4th!



NAPA COUNTY REGIONAL PARK & OPEN SPACE DISTRICT



COYOTE PEAK TRAIL

Bothe-Napa Valley State Park

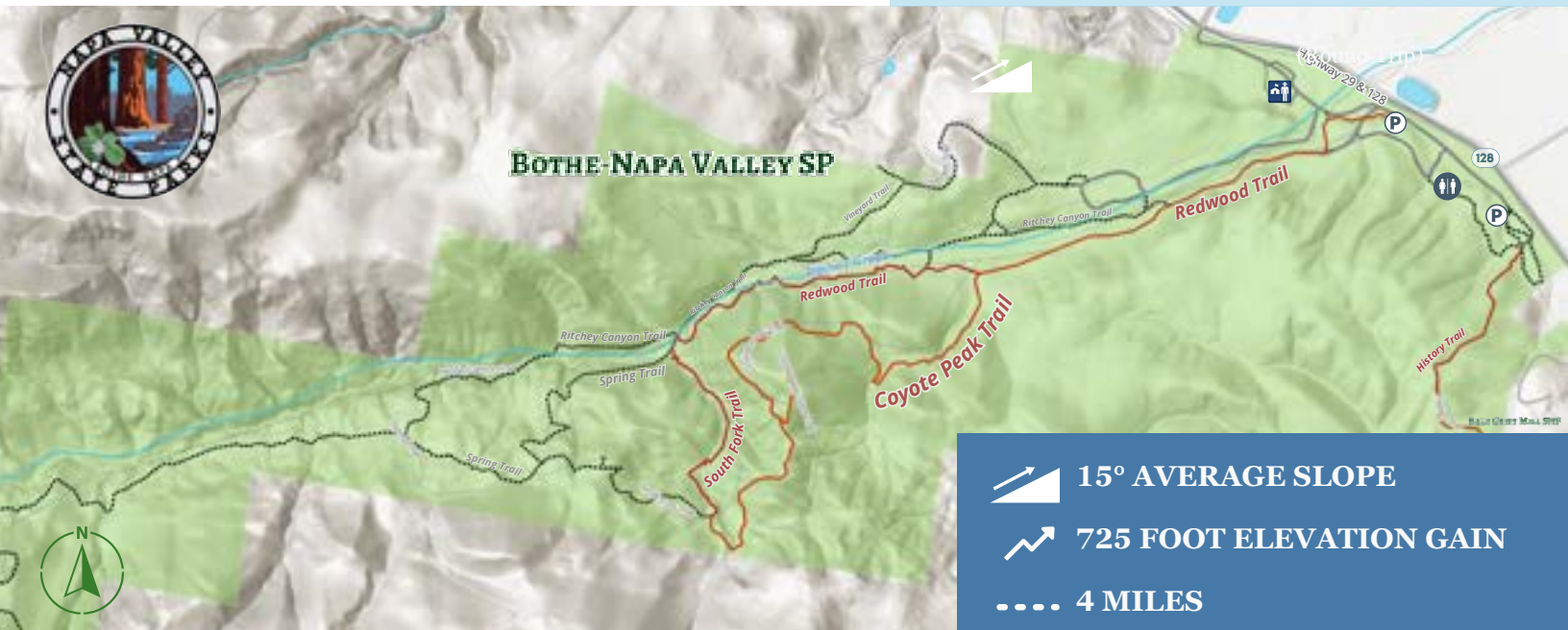
Suggested Trail Route

REDWOOD TRAIL → COYOTE PEAK TRAIL → SOUTH FORK TRAIL → REDWOOD TRAIL

Bothe-Napa Valley State Park offers a window into the area's natural history, displaying the diverse wildlife that thrived before vineyards became prominent in the region. While the park is home to various animals like raccoons, gray squirrels, deer, foxes, bobcats, and coyotes, they are often elusive due to their nocturnal nature and the dense forest cover. As you hike along Coyote Peak Trail, surrounded by towering forest canopies, the trail gradually opens up near the peak, providing glimpses of the Napa Valley and reaching views over Ritchey Canyon. The trail ventures through a mix of landscapes, featuring majestic redwoods, chaparral, and along the meandering stream. The vegetation follows a distinct pattern: forests on north-facing slopes and in canyons, while brushy terrain dominates south-facing slopes.

There is a \$10 day-use parking fee, and the Visitor Center is open on weekends where you can learn more about the park's rich natural and cultural heritage.

BONUS - Join us for our Volunteer Orientation and Open House on April 27th!



OAT HILL MINE TRAIL

Oat Hill Mine Trail

Single Trail - Out & Back

OAT HILL MINE TRAIL ⇄

 25° AVERAGE SLOPE

 1903 FOOT ELEVATION GAIN

..... 8.52 MILES (Round Trip)



The Oat Hill Mine Trail follows the historic stage coach road built in 1873 as a route between Calistoga and Pope Valley. This out and back trail is an uphill climb that traverses up the volcanic bedrock and provides views of the valley floor that become more expansive the higher you climb up the hill.

This trail was affected by wildfires in 2020 and remnants of burnt trees remain. However, the fire also replenished the grassland soil and regrowth has been extraordinary. Spring is a wonderful time to visit this trail, the hills are covered in many varieties of wildflowers. Most of the trail is exposed, and there are no services or water at this location. We suggest bringing sun protection and lots of extra water.

The trailhead is along the outskirts of the town of Calistoga along Highway 29, and parking is located in the dirt lot in the southwest corner of the intersection of the highway and Silverado Trail. Street parking is also available.



MT. ST. HELENA SUMMIT TRAIL

Robert Louis Stevenson State Park

Single Trail - Out & Back

MONUMENT TRAIL → MT. ST. HELENA SUMMIT TRAIL



22° AVERAGE SLOPE



1,946 FOOT ELEVATION GAIN



8.6 MILES (Round Trip)

Robert Louis Stevenson State Park covers 5,272 acres with the Mount St. Helena Summit Trail offering breathtaking panoramic views of Napa, Sonoma, and Lake Counties from the peak, the highest point in California's Wine Country. Trails to the west lead to Mount St. Helena's summit, offering stunning vistas over Napa and Lake Counties, with visibility stretching to the Pacific Ocean, Sierra Nevada Mountains, Mount Shasta, and Mount Lassen on clear days. Parking is provided in a dirt lot just off Highway 29, around 7.5 miles north from the Highway 29 and Silverado Trail junction in Calistoga, with signage leading to the park.

While the terrain is gentle, the trail is mostly uphill and is exposed with little canopy cover. Given the exposed nature of the trail, it is important to be well-prepared and stay hydrated during your hike, cell service is limited and there are no services or facilities at this park.



BONUS - Join us for our 3rd Saturday Hike at Robert Louis Stevenson State Park on May 18th



NAPA COUNTY REGIONAL PARK & OPEN SPACE DISTRICT



Thank you for participating in this year's Spring Trails Challenge!
Don't forget to share photos with us and submit your completed challenge at napaoutdoors.org/stc2024 to be eligible to win prizes.

A special thank you to those who fundraised throughout the challenge. The Napa Open Space District is dedicated to continuing our work to improve and expand outdoor recreation throughout Napa County. We know that there is tremendous support for our parks and trails, and a need for us all to steward our public lands and protect our legacy for future generations.



These parks belong to the community and with everyone's support we can all continue to enjoy the beautiful parks and trails. Learn more about ways you can support parks at napaoutdoors.org/releafnapa



3rd Saturday
HIKE



GUIDED HIKES



VOLUNTEER

ENJOY MORE FUN AT PARKS WITH
THE NAPA OPEN SPACE DISTRICT!



SUMMER CAMPS



COMMUNITY
EVENTS



SCHOOL
FIELD TRIPS



NAPAOUTDOORS.ORG

Sign up for our Monthly Newsletter to learn about more activities and events to participate in, by emailing info@napaoutdoors.org or by visiting the Napa Open Space District Website (newsletter sign-up is on the website footer) or follow us on social media!

FOLLOW US!

