



Explore Trails.
Find New Adventures.
Support Your Parks!

March 24 - May 24

Trail Challenge Guide

Join the Napa County Regional Park and Open Space District's annual Spring Trails Challenge and get outside to explore new parks and trails while supporting our work!

Every spring, we host the Spring Trails Challenge to help everyone get outside in parks they may have never visited before and explore what may be a new favorite trail. It's the perfect time for exploration here in Napa County with wildflower blooms, green hillsides, and clear days for outstanding views.

Our Spring Trails Challenge Guide has a selection of trails with options for every ability level and interest. There are no fees or mandatory fundraising to participate - so sign up to join us today!

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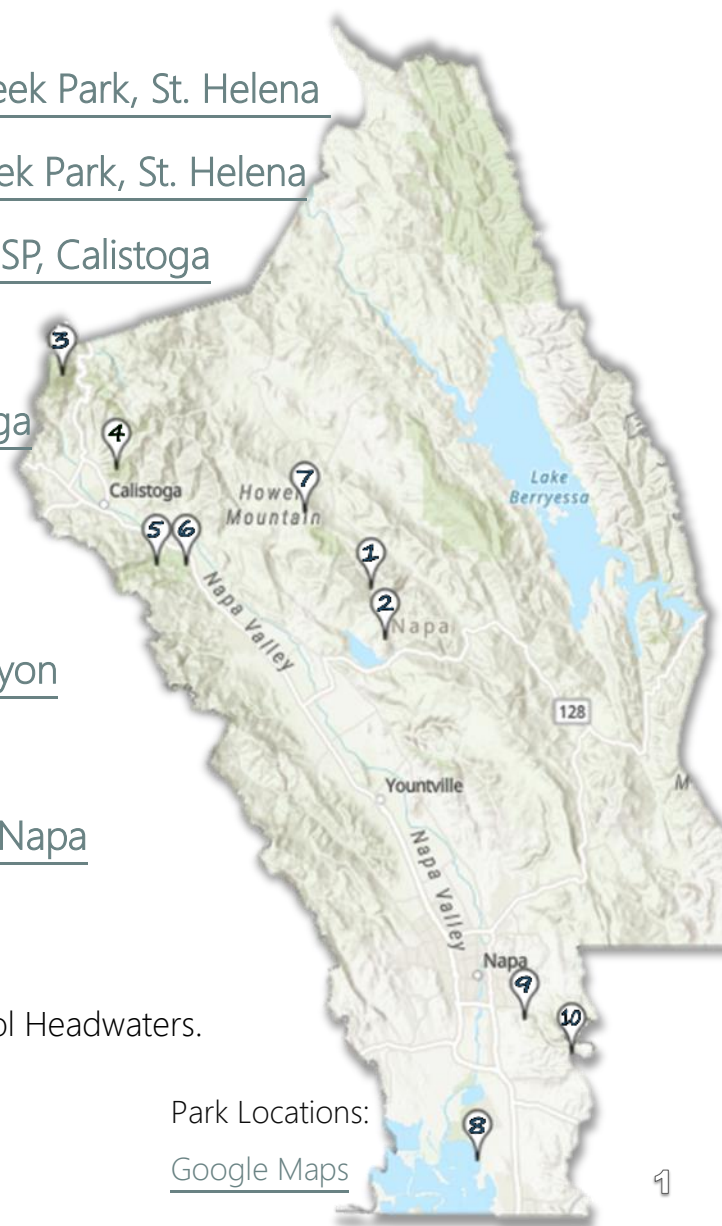
Trail Options

Select 5 Trails to Complete the Challenge

1. Moore Creek Trail – Moore Creek Unit, Moore Creek Park, St. Helena
2. Whiskey Ridge Trail – Hennessey Unit, Moore Creek Park, St. Helena
3. St. Helena Summit Trail – Robert Louis Stevenson SP, Calistoga
4. Oat Hill Mine Trail – Oat Hill Mine Trail, Calistoga
5. Coyote Peak Trail – Bothe-Napa Valley SP, Calistoga
6. History Trail – Bale Grist Mill SHP, St. Helena
7. Mossy Rock Trail – PUC Forest, Angwin
8. Napa River & Bay Trail – Wetlands, American Canyon
9. Skyline Trail* – Skyline Wilderness Park, Napa
10. Prominence Trail* – Suscol Headwaters Preserve, Napa

*Complete 2 trails in one loop!

Park at Skyline Wilderness Park, hike Skyline Trail to Suscol Headwaters.



Park Locations:

Google Maps

Discover new trails & support your parks!



3 Easy Steps

1

[CLICK HERE](https://www.justgiving.com/campaign/2021SpringTrailsChallenge) to register for the Spring Trails Challenge or visit www.justgiving.com/campaign/2021SpringTrailsChallenge

Fundraising is not mandatory to join the trails challenge, but all participants should register.

2

Select any 5 trails listed in the Spring Trails Challenge Guide. We'll also send emails with trail suggestions as the challenge is happening.

3

Photograph yourself and your friends hiking, biking, running, or horseback riding on each trail that you've selected.

Questions? Email info@napaoutdoors.org

Bonus Step:

Fundraising to Support Your Trails



If you are fundraising to help support NOSD's work through the challenge, you'll have everything you need to customize your own fundraising page and send out links via social media and email.

Raise \$100 or more and get an official 2021 Spring Trails Challenge t-shirt in addition to knowing that you're helping keep our parks and trails open and in great shape for everyone's enjoyment!

Support the Parks You Love

This year we've added in ways for you to help raise funds for the parks you love while you're enjoying the Spring Trails Challenge. This can be a fun way to help spread the word about your local parks and trails and get our communities involved in supporting the Napa Open Space District's work.

2020 was an unexpected year and our parks' budgets will be drastically affected for the next several years because of the pandemic and fires. You can help by raising funds while doing the outdoor activities you love to do.

You don't have to fundraise to participate in the Spring Trails Challenge - but your donations maintain and improve trails and we'd love your help!

All funds raised through the Spring Trails Challenge are tax deductible and feed into our [ReLeaf Napa Fund](#) campaign to help the District continue to manage and expand our regional parks and trails. All participants in the challenge that raise \$100 or more will receive an official 2021 Spring Trails Challenge t-shirt.



Safe Practices on Trails



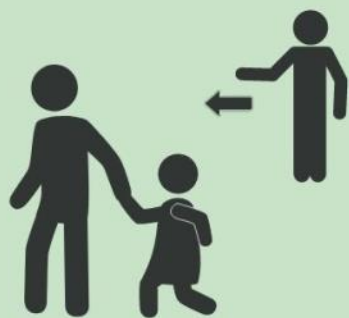
SINGLE FILE PASSING

If you're in a group, move to a single file line at the trail's edge to let people pass.



SIGNAL YOUR PRESENCE

Warn other trail users of your presence and allow proper distance as you pass.



ALLOW OTHERS TO PASS

Do not occupy the center of the trail when others are near. Step off trails to allow others to pass.

BE AWARE OF YOUR SURROUNDINGS



Please do not allow headphones and other personal devices to limit your alertness. Stay aware of your surroundings and those around you.



LEAVE NO TRACE

Please pack out all trash and dispose of waste properly.

Hikers yield to bicyclists, all yield to equestrians.

Stay on the right, pass on the left.



SHARE THE TRAIL

Moore Creek Unit



Moore Creek Park includes 1,600 acres of rugged terrain including Oak woodlands, Douglas Fir & Madrone forest, grasslands, and chaparral. Wildlife in the park is plentiful, including large mammals such as black bears, mountain lions, bobcat, gray fox and coyote. The Moore Creek Unit is North of the main parking lot and offers miles of trails for hiking, cycling, and equestrian use. The trails on this unit offer beautiful views down the canyon and shaded walks along Moore Creek itself.

There is no fee to visit Moore Creek Park, however there is a suggested donation of \$3 for parking that can be deposited at the donation station in the main parking lot. There is no potable water available at the park.



Moore Creek Trail

3 Miles — 593' Elevation Gain

Moore Creek Trail runs along a gravel fire road for approximately one mile until it reaches the "Ranch House" (a private residence). At the Ranch House the path splits... you can either turn right and return to the parking lot via Valentine Vista Trail or continue north of Moore Creek Trail. From that point, the trail following Moore Creek is a combination of abandoned dirt ranch road and single-track that has multiple stream crossings. At the end of Moore Creek trail there is a short loop trail that passes the canyon lookout and the secret swimming hole. On your way back to the parking lot you can take Dryfoot Trail and/or Valentine Vista Trail to see more of the park's beautiful trails.



Lake Hennessey Unit



Whiskey Ridge Trail

1 miles – 345' Elevation gain

A single track trail that climbs from Chiles Creek Trail to the ridgeline, connecting to Alta Hennessey to Conn Peak Trail.

The Hennessey Unit offers phenomenal views of Lake Hennessey and the surrounding mountains. With more than 900 acres of oak woodland and multiple different trails to explore, hikers, bicyclists, and equestrians will be amazed at the sights this park bestows.

Whether you're hiking the top of the hills on the northeastern side of Lake Hennessey or just sight-seeing along the shoreline, you'll want to bring a camera and plenty of water for your journey.

The Hennessey Unit consists of watershed land purchased by the City of Napa when it developed Conn Dam and Lake Hennessey in the 1940s. Lake Hennessey is a key drinking water source; there is absolutely no swimming or any other water contact activity allowed.

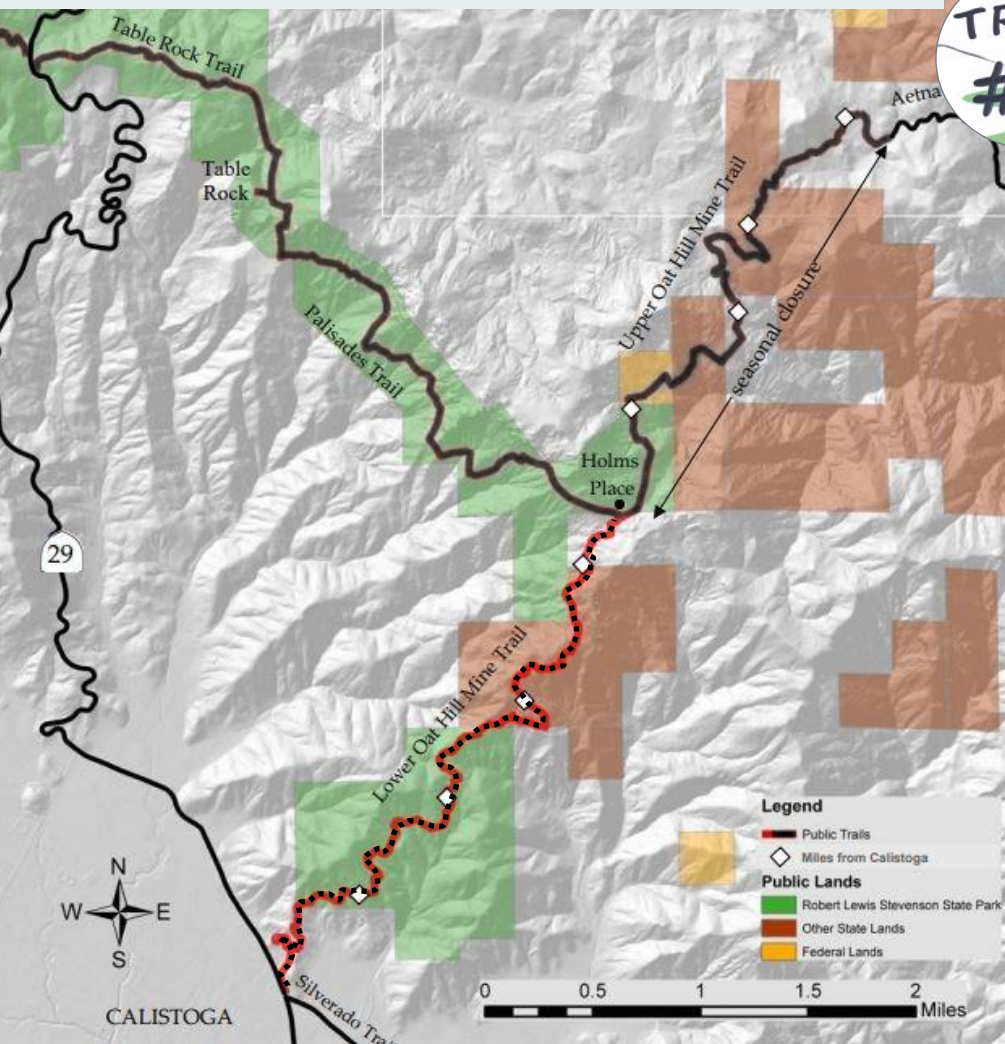


Oat Hill Mine



Construction of the Oat Hill Mine Road was started in 1873 to provide a transportation route between Calistoga and quicksilver (mercury) mines. Today the 8.3-mile-long Oat Hill Mine Trail follows the original route between Calistoga and the western end of Aetna Springs Road in Pope Valley. The old mercury mines are further to the north, and are not open to the public.

The road provides a magnificent recreational experience for hikers, mountain bikers, and equestrians, although the trail is rough and rocky in many places, and can be quite challenging. Visitors can enjoy sweeping views of Napa Valley along the lower Oat Hill Mine Trail, while the middle and upper sections of the trail cross striking volcanic formations.



Lower Oat Hill Mine Trail

4.47 miles- 1,900' Elevation Gain

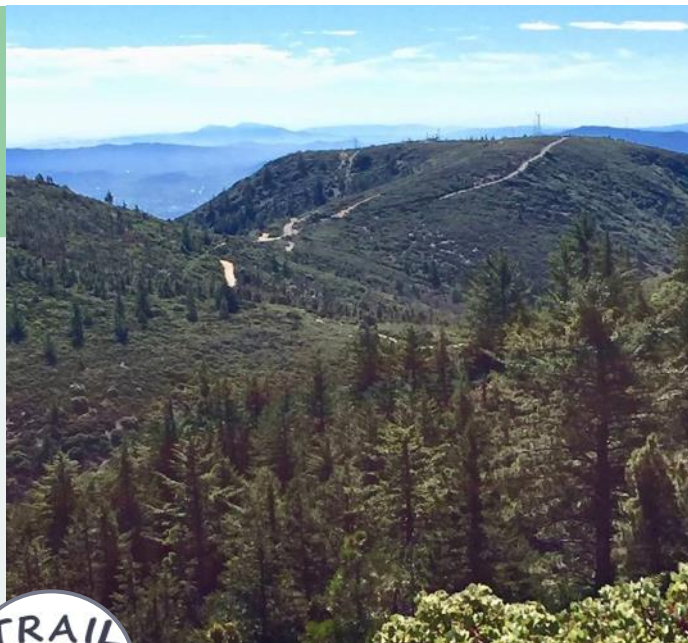
The lower Oat Hill Mine Trail follows a former stage coach route between Calistoga and the base of the Palisades (Holms Place). The lower portion is a wide trail with a moderate uphill slope. The trail can be done as an out-and-back, or as a one-way shuttle trip if you can convince a driver to meet you at the eastern or western trailhead parking lots.

Robert Louis Stevenson State Park



Robert Louis Stevenson State Park is 5,272 acres and contains views of Napa, Sonoma, and Lake Counties from the summit of the highest peak in the California Wine Country, Mount St. Helena. The trails to the west climb to the summit of Mount St. Helena, overlooking Napa and Lake Counties. On clear days, the Pacific Ocean, the Sierra Nevada Mountains, Mount Shasta and Mount Lassen are visible.

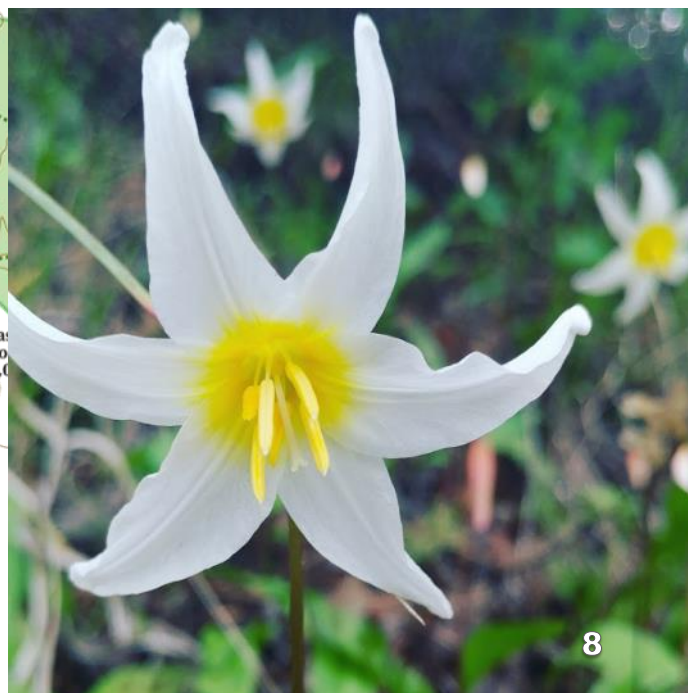
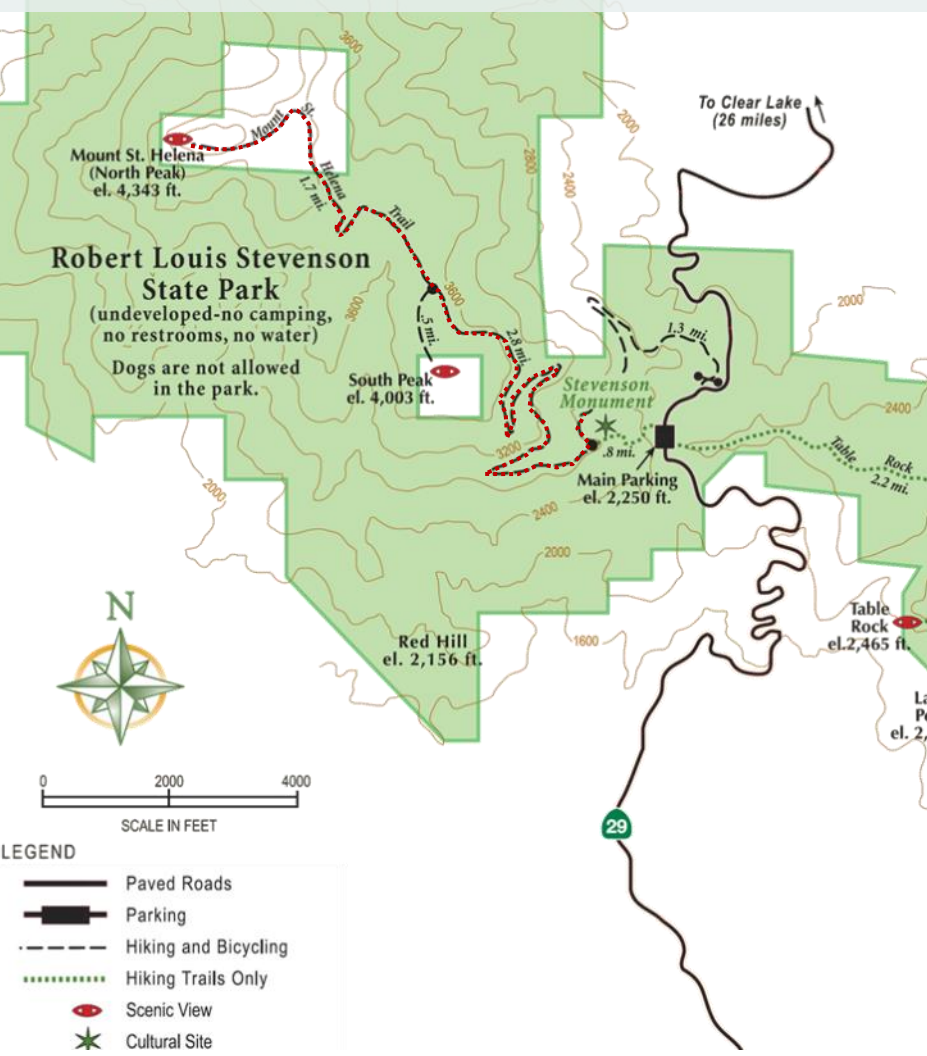
Parking can be found in a dirt lot just off Highway 29. The parking lot is about 7.5 miles north of the intersection of Highway 29 and Silverado Trail in Calistoga. The park is marked with signs. There is no fee to visit Robert Louis Stevenson State Park and no amenities.



St. Helena Summit Trail

4.9 miles — 2,119' Elevation Gain

The Mount St. Helena Summit Trail is primarily a fire road which climbs up the south-facing slopes of the mountain. Once on top of the mountain there are trails leading to the north and south peaks for different vistas of Northern California. The views are well worth the work, as it's a true top-of-the-world experience. This trail is exposed to the elements, please be prepared and remember to stay hydrated.

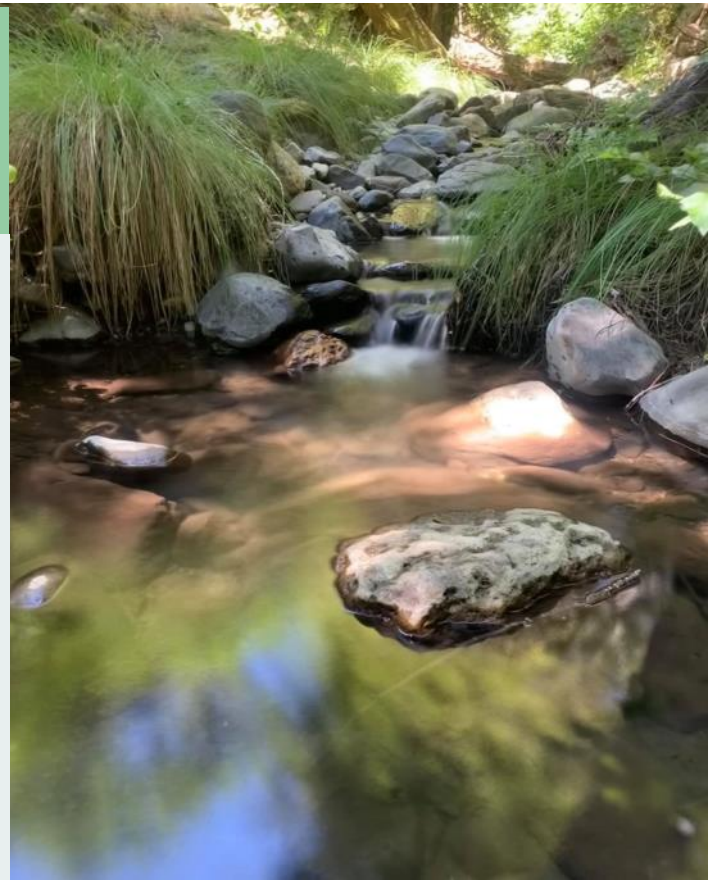


Bothe-Napa Valley State Park



Bothe Napa Valley State Park offers year-round camping, lodging, picnicking, hiking and seasonal swimming. Daytime visitors can picnic in the shade of our day use area. Overnight visitors can enjoy Bothe Napa Valley's campsites, yurts and cabins year round. Over 10 miles of hiking trails among redwoods, maples, oaks and madrones are available in this 1,900-acre park. The Glass fire swept through much of the park, leaving open views and amazing displays of natural regrowth.

\$8 Day Use Parking Fee, \$7 for Seniors



Coyote Peak Trail

1.5 miles — 1,170' elevation gain

Coyote Peak Trail is a single-track hiking trail with expansive views of the forest canopy and the surrounding canyons. A popular 5 mile loop hike begins at Redwood Trailhead, continuing on to Coyote Peak and back down Ritchey Trail.



Bale Grist Mill State Historic Park



Bale Grist Mill, in the northern heart of the Napa Valley, offers an authentic peek into Californians' rural heritage. Built in 1846 by Edward Turner Bale, this is a water-powered grist mill. During normal operation, millers grind on site and for a small donation visitors can take home a freshly ground souvenir of polenta, corn meal, spelt, rye, whole-wheat or bread flours.



History Trail

1.2 miles—195' Elevation Gain

History Trail is a moderate, 2.4-mile round trip single-track trail connecting Bothe Napa Valley State Park and the Bale Grist Mill State Park. Points of interest along the way include Pioneer Cemetery, which contains the remains of several early Napa Valley pioneers, the site of the White Church, the first church in Napa Valley, and the fully restored Bale Grist Mill. Please note, the mill may be closed throughout the spring trail challenge. Parking is available at Bothe-Napa Valley State Park for the History Trail.

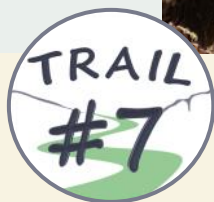


Pacific Union College Forest



The Pacific Union College Demonstration and Experimental Forest (PUC Forest) hosts over 35 miles of trails through a stunning redwood forest near Angwin. Enjoy hiking, cycling, or horseback rides through the coastal redwoods, Douglas firs, ponderosa pines, bay laurels and madrones. If you're lucky you may see the pair of nesting Northern Spotted Owls, or a rare Napa False Indigo.

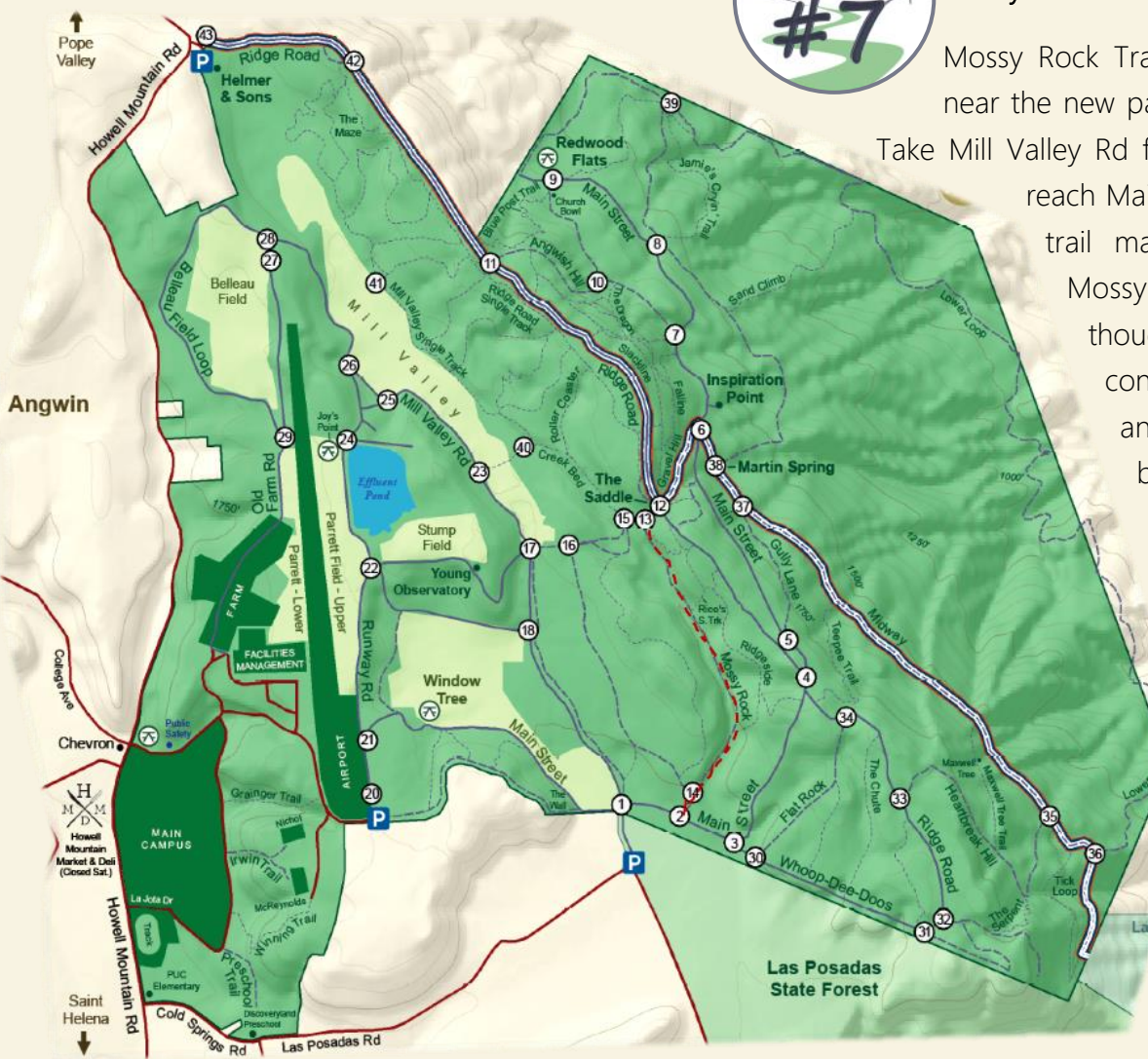
The Napa Open Space District is a proud partner in this trail network and we look forward to the eventual connection between the PUC Forest and Moore Creek Park.



Mossy Rock Trail —1.1 miles

Mossy Rock Trail is a easy meandering trail near the new parking lot off Las Posadas Rd.

Take Mill Valley Rd for a short distance until you reach Main St Trail, then the first left at trail marker number two leads to Mossy Rock Trail. After your stroll though mossy rock trail you can continue on to Gravel Hill Trail and Main St Trail to see breathtaking views from Inspiration Point. Numbered trail markers identify trail locations. Be sure to download or print maps prior to visiting the park, as cell reception is limited.



American Canyon Wetlands



Our waters, wetlands, and uplands are part of an interconnected watershed system that drains into San Francisco Bay, the largest estuary on the Pacific coasts of North and South America.

From its headwaters near Calistoga to San Pablo Bay 55 miles downstream, a drop of water falling at the top of the ridge flows by gravity into the Napa River. There are 47 tributary creeks that flow into the Napa River. Fagan Creek, Sheehy Creek, Suscol Creek, American Canyon Creek and the North Slough feed into this important wetlands ecosystem.

The Napa River Bay Trail is located on Wetlands Edge Road and Eucalyptus Drive. Parking is provided at the Wetlands Edge Viewing Area and Trailhead.

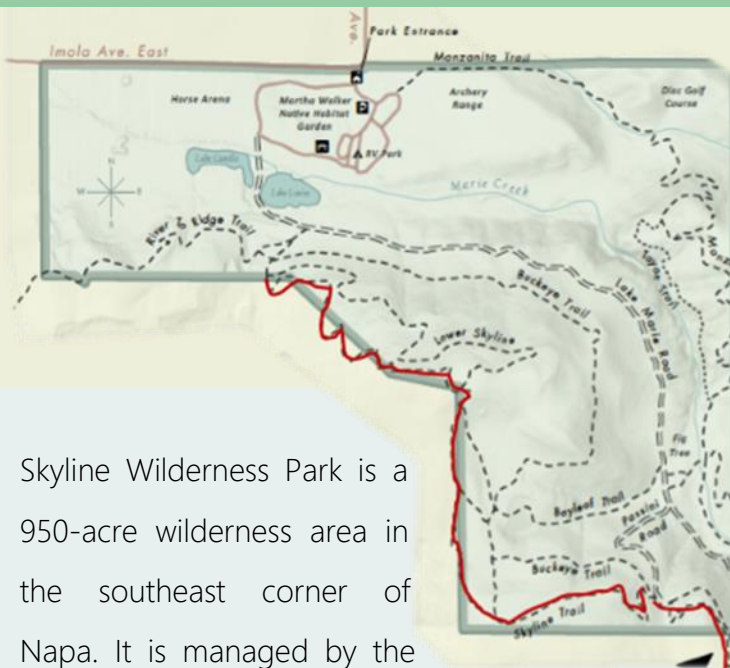


Napa River & Bay Trail

70' elevation gain—1.4 miles

The Napa River and Bay Trail is a paved pedestrian and bicycle path which will eventually connect from the southern boundary of the City of American Canyon to the northern boundary of the City of Napa. The Trail provides great views of the wetlands and constructed ponds, as well as public access to the Napa River.

Skyline Wilderness Park

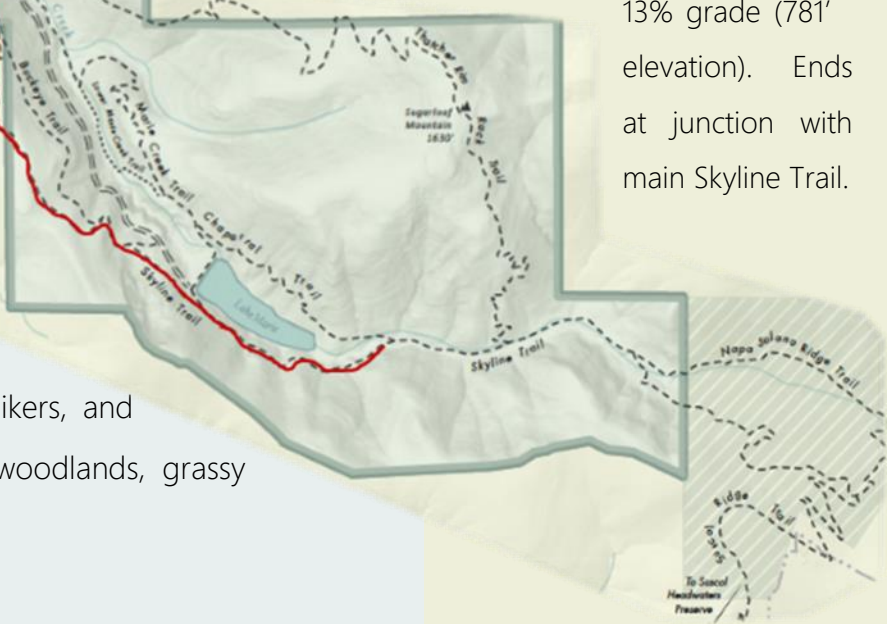


Skyline Trail

735' elevation gain — 3.34 miles

Begins from lower junction with Lake Marie Road, the River to Ridge Trail, and Buckeye Trail (239' elevation). Brisk climb on main Skyline Trail, 16% grade (776' elevation). Numerous ups and downs to the north end of the park (1010' elevation).

Lower Skyline trail forks from the main trail at the lower junction. 0.89 miles horizontal distance. Climb is smooth and gradual, 13% grade (781' elevation). Ends at junction with main Skyline Trail.

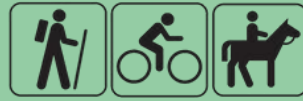


Skyline Wilderness Park is a 950-acre wilderness area in the southeast corner of Napa. It is managed by the nonprofit Skyline Park Citizens Association, and all fees assist with costs associated with the upkeep of the park. The park hosts tent and RV camping, archery fields, disc golf, the Martha Walker Native Plant Garden, a community hall, and picnic areas. There are over 17 miles of trails open to hikers, bikers, and equestrians meandering through old growth oak woodlands, grassy meadows, hillsides, streams, and canyons.

\$5 Parking Fee



Suscol Headwaters Park



The 709 acres that comprise Suscol Headwaters Park is immediately south of Skyline Wilderness Park, building and expanding upon the existing hiking, biking, and horseback-riding opportunities. The park includes several promontories that offer sweeping views of the surrounding area, from Mount St. Helena in the north to San Francisco in the south, providing an invaluable geography lesson to local residents who may never have seen the region from such a perspective.



Prominence Trail

Currently, there is an official trail leading from Skyline Park to The Prominence at the peak of the property as well as dirt fire roads that are hiker/cyclist friendly. This is a lengthy round-trip hike – please bring water and consult a map of Skyline Park before starting.



Completing Your Challenge:



Upload your photos to Facebook/Instagram and use the hashtags **#NOSD** & **#TrailsChallenge2021**.

You can tag us at **@NapaOpenSpace** on Facebook and **@ncrposd** on Instagram.



When you've completed the challenge, upload your information and photos to the form below and be entered in our prize drawing!

[Submit HERE](#)

