



## Hikes & Trails at Robert Louis Stevenson State Park

**Main Parking Lot:** 4824 Lake County Hwy #4774, Calistoga, CA 94515

[Google Map](#)

Robert Louis Stevenson State Park hosts more than 13 miles of trails including those listed below. The [park map here](#) lists all trails.

*Please see the trail notes below about the Palisades Trail and plan ahead if you are selecting this hike.*

### Two Trails on Mt. St. Helena:

**Robert Louis Stevenson Memorial Trail** is a 1.3-mile one-way trail that leads from the parking lot on Highway 29 to the site of the bunkhouse at the Silverado Mine where Stevenson and his bride spent their honeymoon.

**Mount St. Helena Trail** is a switch back fire road up the southern facing slopes of the mountain and is approximately 4.5 miles in length. The trail can be accessed either by the fire road entrance located ¼ mile east of the Highway 29 parking lot or by taking the Robert Louis Stevenson Memorial Trail.

### Trails on the Southeast Side:

**The Table Rock Trail**, which departs from the parking lot on Highway 29 and heads south to the massive Table Rock volcanic formation following an old utility road and single-tread path. This trail is approximately 2.2 miles in length.

**Palisades Trail** connects the Table Rock Trail with the Oat Hill Mine Trail and follows the base of the amazing Palisades volcanic rock formations. This trail is approximately 3.9 miles in length over very rugged terrain.

#### **Notes about the Palisades Trail:**

The Palisades Trail is arguably one of the best in Napa County and provides views of stunning unique volcanic formations that can only be viewed fully from this trail. This trail is a very challenging hike and hikers are advised to consult maps and the notes below before heading out on the trail.

- ✓ **Please be aware** that the Palisades trail is very rugged, and requires clamoring over volcanic rock formations and down water run-off channels. This hike is best enjoyed by experienced hikers and those in good physical shape.
- ✓ **Bring water**, food, and any supplies that you might need for this hike. There are no amenities at the trailhead and this trail is exposed and can get very hot. There have been helicopter rescues due to heat exhaustion, dehydration, and minor injuries.
- ✓ **The best way to experience** this portion of Robert Louis Stevenson State Park is to arrange for a car shuttle between the parking lot on Highway 29 and the base of Oat Hill Mine Trail in the City of Calistoga and hike the trail one way downhill.