Easy Hike Suggestions to Get Outside

If you're looking to get outside for a walk, hike or ride in any of the parks, there are options for all levels of experience and fitness. We've put together a list below to help steer you toward trails and parks across the county that fit your ability levels.

**Note that Moore Creek Park and Skyline Park have been impacted on weekends.** Consider visiting Bothe-Napa Valley Park, the river walk areas, or other trails and help us keep crowds to a minimum. There are many other options to get out and walk connected to our cities and the Napa Valley Vine Trail. Trail notes and locations can be found here.

Please do not congregate at trailheads or in parking lots and be mindful of our Safe Practices and Social Distancing guidelines.

**Bothe-Napa Valley Park**
For trail maps and directions to Bothe-Napa Valley Park, click here.

- **Native American Garden Trail** is an easy ¾ acre ADA accessible walking trail located next to the Visitor Center containing plants that are still used today for ceremony, food, medicine and basket weaving.
- **History Trail** is a short all abilities trail that connects to the Bale Grist Mill property.
- **Pioneer Cemetery Trail** is a new ADA accessible trail that leads you through a meandering path around the Pioneer Cemetery.
- **Redwood Trail** skirts the south side of Ritchey Creek and is heavily shaded by redwoods and mixed-evergreen forest, allowing for a peaceful walk along the creek bank among the ferns and other shade-loving plants.

**Moore Creek Park**
For trail maps and directions to Moore Creek Park, click here.

- **Moore Creek Trail** runs along a dirt access road to the caretaker cottage for approximately one mile. At the cottage (private residence) the path splits to Valentine Vista and loops back to the parking lot, or continues up Moore Creek. The trail following Moore Creek is a combination of abandoned dirt road and single track that has multiple stream crossings and ends in a natural pool.
- **The Lake Hennessey Shoreline Trail** follows the contours of the Lake for fantastic views of the shoreline, lake and wildlife.
- **Sam the Eagle Trail** is a single-track trail with great filtered views that follows a low ridge that parallels and provides an alternative to the Shoreline Trail.

**Skyline Park**
For trail maps and directions to Skyline Wilderness Park, click here.

- **Lake Marie Road** is an all abilities level trail and an easy out and back to Lake Marie (2.3mi one way). You can also use **Marie Creek Trail** going portions of the way to/from the Lake.
- **Manzanita Trail & Skyline Trail** are also alternate routes that add some length and provide different scenery and views.

**Other Trails**
For trail maps and directions to the trails and parks below, please visit our [interactive map here](https://www.napa-county.org/). 

- The **Napa River Ecological Reserve** in Yountville is a short and beautiful walk near the river.
- **American Canyon Wetlands & Newell Preserve** are both great options in American Canyon.
- A full list of ADA accessible parks and trails can be found here.
- **Oat Hill Mine Trail** is a more strenuous hike, but offers magnificent views and a challenging trail.