

# What to Bring to Summer Camp

## Day Camp (Monday & Tuesday)

As you prepare your child for camp, you may be wondering what your children should wear and what they should bring. Please refer to the list below and let us know if you have any questions.

### **Safety 1st, Please Bring:**

☐ A Hat

☐ Sunscreen

*Please apply in the morning, we will remind them to reapply it later in the day.*

☐ Full Water Bottle (we have good water to refill)

☐ Healthy Lunch and Snack

☐ Closed Toe Shoes, and Sandals for the Pool Area

*Campers should arrive in closed toe shoes for morning activities.*

☐ Backpack (for the Lunch, Snack and Water Bottle)

☐ Epi-Pen (if that applies)

☐ Inhaler (if that applies)

☐ Other Medications that may be needed.

*All medications must be identified on 'Camper Information & Emergency Contact' Form.*

### **Fun, Fun, Fun! Please Bring:**

☐ Swimming Suit

☐ Towel

☐ A Bag for those and the Sandals

☐ Stories about Nature and Life

☐ And, of course an Adventurous Heart!

### **Please DO NOT Bring:**

× Weapons of any kind or knives (including pocket knives/multi tools)

× Valuable items that could get lost, stolen or damaged such as cameras, radios, expensive watches, jewelry, iPads, cell phones, other electronic devices

× Medications or vitamins of any kind that are not listed on forms or discussed with us prior to camp.



**NAPA** COUNTY REGIONAL PARK &  
OPEN SPACE DISTRICT

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## Campout (Wednesday-Thursday)

Campers will arrive Thursday morning with all the necessary items to stay overnight Thursday night and for camp on Friday.

### Day Camp Gear

- ☐ All of the items listed above: backpack, water bottle, medications, lunch, closed-toe shoes, sunscreen, swimsuit, towel, sandals, good attitude...

### Overnight Necessities:

- ☐ Pajamas
- ☐ Toiletries (toothbrush, toothpaste, comb, etc.)
- ☐ Layers for Friday night (sweater, long-sleeved shirt, long pants)
- ☐ Sleeping bag
- ☐ Pillow
- ☐ Tent
  - Campers may choose to share tents with parents OK.*
- ☐ Sleeping pad (*optional*)
- ☐ Flashlight and batteries
- ☐ Clothes for Friday
- ☐ Reading book (*for early risers*)
- ☐ Insect repellant

**If you are unable to provide any of these items, please let us know prior to camp. We will do our best to accommodate any needs.**

